



ST. SAVIOUR'S ANGLICAN CHURCH
DIOCESE OF CAPE TOWN

PALM SUNDAY:
THE SUNDAY OF PASSION



24 MARCH 2024

8:30am SERVICE

PREACHER & PRESIDER: REVD. JOHN GOLIATH

READER: ANTHEA FABING

LAYMINISTER: BRINSLEY VAN DER VENT & MEGAN LAWRENCE

GREETING AND WELCOME

The Lord be with you
And also with

Hosanna to the Son of David, the King of Israel.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

Dear friends in Christ, during Lent we have been preparing by works of love and self-sacrifice for the celebration of our Lord's Paschal Mystery. Today we come together to begin the solemn celebration in union with the whole Church throughout the world. Christ enters his own city to complete his work as our Saviour, to suffer, to die, and rise again. Let us go with him in faith that, united with him in his sufferings, we may share his risen life.

Let us pray

Eternal God
bless these palms to our use:
grant that we who have received them
may ever hail as King, and love as Saviour
your Son Jesus Christ our Lord.
Amen

A reading from the Gospel according to Mark 11:1-11

This is the Gospel of Christ
Praise to Christ our Lord

My sisters and brothers, we have heard how the crowds who welcomed Christ to Jerusalem cut branches from the trees to do him honour. During the procession, let us hold up our palms, and praise Christ our King and Saviour.

Let us go forth in peace.
Praise to Christ our Lord

PROCESSIONAL HYMN: ALL GLORY, LAUD, AND HONOUR

Refrain

All glory, laud and honour,
To Thee, Redeemer, King,
To Whom the lips of children
Made sweet hosannas ring.

- 2 Thou art the King of Israel,
Thou David's royal Son,
Who in the Lord's Name
comest,
The King and Blessèd One.

Refrain

5. To Thee, before Thy passion,
They sang their hymns of praise;
To Thee, now high exalted,
Our melody we raise.

Refrain

6. Thou didst accept their
praises;
Accept the prayers we bring,
Who in all good delightest,
Thou good and gracious King.

3. The company of angels
Are praising Thee on High,
And mortal men and all things
Created make reply.

Refrain

4. The people of the Hebrews
With palms before Thee went;
Our prayer and praise and
anthems
Before Thee we present.

Refrain

7. Thy sorrow and thy triumphant
Grant us, O Christ, to share,
That to the holy city
Together we may fare

Refrain

8. For homage may we bring
thee
Our victory o'er the foe,
That in the Conqueror's
triumph
This strain may ever flow.

Refrain

WELCOME AND GREETING

Welcome: Rector

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you.
and also with you.

Please sit or kneel

Let us pray:

Eternal Father

Your Son our Saviour Jesus Christ

Fulfilled your will by taking our nature

And giving his life for us:

Help us to follow the example of his humility

By walking in the way of the Cross

Through the same Jesus Christ our Lord.

Amen.

THE FIRST READING: ISAIAH 50: 4-9a

Hear the word of the Lord.

Thanks be to God

PSALM 31: 9-18

9. Have mercy upon me O Lord for I am in trouble:
my eye wastes away for grief
my throat also and my inward parts.

10. For my life wears out in sorrow
And my years with sighing:
my strength fails me in my affliction
and my bones are consumed

11. I am become the scorn of all my enemies
And my neighbours wag their heads in derision

12. I am a thing of horror to my friends
And those that see me in the street shrink from me.

13. I am forgotten like a dead man out of mind
I have become like a broken vessel.

14. For I hear the whispering of many
And fear is on every side.

15. While they plot together against me
And scheme to take away my life.

16. But in you Lord have I put my trust
I have said You are my God

17. All my days are in your hand:
O deliver me from the power of any enemies
And from my persecutors.

18. Make your face to shine upon your servant:
And save me for your mercy's sake.

SECOND READING: PHILIPPIANS 2: 5-11

Hear the word of the Lord.

Thanks be to God

GRADUAL HYMN: RIDE ON TRIUMPHANTLY

Ride on triumphantly! Behold, we lay
Our lusts and sins and proud will in
thy way:
Thy road is ready, and thy paths
made straight,
With longing expectation seem to
wait.

Hosanna! Welcome to our hearts! For
here
Thou hast a temple too, as Sion dear:
Enter, O Lord, and cleanse that holy
place
Where thou dost choose to set thy
beauteous face.

GOSPEL: MARK 15:1-39

SERMON

THE NICENE CREED

**We believe in one God
The Father, the Almighty
maker of heaven and earth
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ
the only Son of God
eternally begotten of the Father
God from God, Light from Light
true God from true God
begotten, not made, of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven
was incarnate of the Holy Spirit
and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord
Giver of life
who proceeds from the Father and the Son
who with the Father and the Son is worshipped
and glorified
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead
and the life of the world to come.
Amen**

THE PRAYERS OF THE PEOPLE:

Father, we pray for the Church throughout the world and especially for this diocese and *Joshua* our suffragan bishop, together with *Thabo* our Diocesan and Metropolitan. Give your people power to witness in word and deed to the crucified Lord and bring many to acknowledge him as their King and Saviour.

Lord, in your mercy
Hear our prayer

Father, we pray for those who are suffering and persecution for the name of Christ. Give them grace to remain faithful, to pray for their persecutors, and to overcome hatred by the power of the cross.

Lord, in your mercy
Hear our prayer

Father, we pray for the world's outcasts. Set us free to recognise Christ in them. Lead them by your Spirit to find their hope in him.

Lord, in your mercy
Hear our prayer

Father, we pray for ourselves and all in this parish. Forgive us our many betrayals and denials of Christ. Enable us to share his sufferings and to know the power of his resurrection.

We ask this for the sake of Jesus Christ our King and Saviour.
Amen

THE SHARING OF THE PEACE:

Christ is our peace. He has reconciled us to God in one Body by the cross. We meet in his name and share his peace.

The peace of the Lord be with you.
Peace be with you.

OFFERTORY HYMN: HOW LOVELY ON THE MOUNTAINS ARE THE FEET OF HIM

How lovely on the mountains are the feet of Him
Who brings good news, good news
Proclaiming peace, announcing news of happiness,
Our God reigns, our God reigns.

*Chorus: Our god reigns, our God reigns,
Our God reigns, our God reigns*

You watchmen lift your voices joyfully as one,
Shout for your King, your King.
See eye to eye the Lord restoring Zion:
Our God reigns, our God reigns!

Chorus

Waste places of Jerusalem break forth with joy,
We are redeemed, redeemed.
The Lord has saved and comforted His people:
Your God reigns, your God reigns.

Chorus

Ends of the earth, see the salvation of your God,
Jesus is Lord, is Lord.
Before the nations He has bared His Holy arm:
Your God reigns, your God reigns!

Chorus

OFFERTORY HYMN 2: RIDE ON RIDE ON IN MAJESTY

Ride on, Ride on in majesty!
In lowly pomp ride on to die!
O Christ, Thy triumphs now begin
O'er captive death and conquered sin.

Ride on, ride on in majesty!
Hark all the tribes 'hosanna' cry;
Thine humble beast pursues his road
With palms and scattered garments strowed.

Ride on, ride on in majesty!
Thy last and fiercest strife is nigh;
The Father on His sapphire throne
Expects His own anointed Son.

Ride on, ride on in majesty!
In lowly pomp ride on to die!
Bow Thy meek head to mortal pain,
Then take, O God, Thy power, and reign!

THE PRESENTATION OF GIFTS

Yours, Lord is the greatness, the power, the glory, the splendour, and the majesty; for everything in heaven and on earth is yours. All things come from you, and of your own do we give you. **Amen**

THE TAKING OF THE BREAD AND WINE

At the taking of the bread

Blessed are you, Lord, God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made. For us it becomes the bread of life.

Blessed be God for ever

At the taking of the wine

Blessed are you, Lord, God of all creation. Through your goodness we have this wine to offer fruit of the vine and work of human hands. For us it becomes the cup of salvation.

Blessed be God for ever

THE THIRD EUCHARISTIC PRAYER

The Lord be with you

And also with you

Lift up your hearts

We lift them to the Lord

Let us give thanks to the Lord our God

It is right to give him thanks and praise

Father, it is our duty and our salvation, always and everywhere to give you thanks through your beloved Son, Jesus Christ.

He is the word through whom you made the universe, the Saviour you sent to redeem us. By the power of the Holy Spirit Jesus took flesh and was born of the Virgin Mary. For our sake Jesus opened his arms on the cross; put an end to death and revealed the resurrection. In this Jesus fulfilled your will and won for you a holy people.

And now Father we give you thanks because for our salvation Jesus was obedient even to death, death on a cross. The tree of defeat became the tree of glory; and where life was lost, there life has been restored.

And so we join the angels and the saints in proclaiming your glory as we sing:

Holy, holy, holy Lord

God of power and might

heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Lord, you are holy indeed, the fountain of all holiness. Let your Spirit come upon these gifts to make them holy, so that they may become for us the body and blood of our Lord Jesus Christ.

Before Jesus was given up to death, a death he freely accepted, Jesus took bread and gave you thanks. Jesus broke the bread, gave it to his disciples, and said: 'Take this, all of you, and eat it: this is my body which will be given up for you.'

When supper was ended, Jesus took the cup. Again gave you thanks and praise, gave the cup to his disciples, and said: 'Take this, all of you, and drink from it: this is the cup of my blood, the blood of the new and everlasting covenant. It will be shed for you and for all so that sins may be forgiven. Do this in memory of me.'

So we proclaim the mystery of faith

Christ has died

Christ is risen

Christ will come again.

In memory of his death and resurrection, we offer you, Father, this life-giving bread, this saving cup.

We thank you for counting us worthy to stand in your presence and serve you. May all of us who share in the body and blood of Christ be brought together in unity by the Holy Spirit. Lord, remember your Church throughout the world; make us grow in love, together with *N* our bishop, and all the clergy. Remember our brothers and sisters who have gone to their rest in the hope of rising again; bring them and all the departed into the light of your presence.

Have mercy on us all; make us worthy to share eternal life with Mary, the virgin mother of God, with the apostles, and with all the saints who have done your will throughout the ages. May we praise you in union with them, and give you glory through your Son, Jesus Christ.

Through him, with him, in him, in the unity of the Holy Spirit, all glory and honour is yours, almighty Father, for ever and ever. **Amen**

As Christ has taught us we are bold to pray:

**Our Father in heaven
hallowed be your Name
your kingdom come your will be done
on earth as in heaven.
Give us today our daily bread. Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory
are yours now and forever. Amen**

THE BREAKING OF THE BREAD

The bread which we break is it not a sharing of the body of Christ?
We, who are many, are one body for we all partake of the one bread.

**Jesus, Lamb of God: have mercy on us.
Jesus, bearer of our sins: have mercy on us.
Jesus, redeemer of the world: give us your peace.**

**We do not presume to come to this your table,
merciful Lord trusting in our own righteousness
but in your manifold and great mercies.
We are not worthy so much as to gather up
the crumbs under your table but you are the same Lord
whose nature is always to have mercy.
Grant us therefore, gracious Lord
so to eat the flesh of your dear Son Jesus Christ and to drink his blood
that we may evermore dwell in him and he in us.**

Draw near and receive the Body of our Lord Jesus Christ which he gave for you, and his blood which he shed for your, feed on him in your hearts by faith, with thanksgiving.

COMMUNION HYMNS BY THE BAND

1. Majesty, Worship His majesty,
Unto Jesus be glory, honour and praise.
Majesty, kingdom authority,
Flow from his throne unto His own,
His anthem raise.
So exalt, lift up on high the name of Jesus,
Magnify, come glorify Christ, Jesus the King.
Majesty, worship His majesty,
Jesus who died, now glorified,
King of all kings.

2. I lift my hands:
To the coming King,
To the great I AM,
To You I sing,
For You're the One
Who reigns within my heart.

*An I will serve no foreign God
Or any other treasure.
You are my heart's desire,
Spirit without measure.
Unto your name
I will bring my sacrifice.*

3. I love you my Lord
And I lift my voice
To worship you,
O my soul rejoice
Take joy, my King,
In what you hear,
May it be a sweet sound
In your ear.

CONCLUSION

Give thanks to the Lord for he is gracious
His mercy endures for ever

Lord Jesus Christ,
you humbled yourself in taking the form of a servant,
and in obedience died on the cross for our salvation:
give us the mind to follow you
and to proclaim you as Lord and King,
to the glory of God the Father. **AMEN**

**Father almighty
we offer ourselves to you
as a living sacrifice
in Jesus Christ our Lord.
Send us out into the world
in the power of the Holy Spirit
to live and work
to your praise and glory.**

**God bless Africa
Guard her children Guide her leaders
And give her peace
For Jesus Christ's sake. Amen**

Birthday, Anniversary & Special prayers

Notices

Anthem: Hosanna to the son of David

BLESSING AND DISMISAL

May the Father,
who so loved the world that he gave his only Son,
bring you by faith to his eternal life.
Amen.

May Christ,
who accepted the cup of sacrifice
in obedience to the Father's will,
keep you steadfast as you walk with him the way of his cross.
Amen.

May the Spirit,
who strengthens us to suffer with Christ
that we may share his glory,
set your minds on life and peace.
Amen.

And the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

Go in peace to love and serve the Lord
In the name of Christ. Amen

RECESSIONAL HYMN:

Give me joy in my heart, keep me praising
Give me joy in my heart, I pray
Give me joy in my heart, keep me praising
Keep me praising 'til the end of day

Chorus:

*Sing hosanna, sing hosanna
Sing hosanna to the King of kings
Sing hosanna, sing hosanna
Sing hosanna to the King*

Give me peace in my heart, keep me resting
Give me peace in my heart, I pray
Give me peace in my heart, keep me resting
Keep me resting 'til the end of day

Chorus:

Give me love in my heart, keep me serving
Give me love in my heart, I pray
Give me love in my heart, keep me serving
Keep me serving 'til the end of day

Chorus:

Give me light in my heart, keep me shining
Give me light in my heart, I pray
Give me light in my heart, keep me shining
Keep me shining 'til the end of day

PRAYER REQUESTS:

Pray for the sick or hospitalized:

India Tyers, Edith Abrahams, Crystal Bouwers, James April, Iris Hartnick, Mervyn Johnson, Ellen Olivier, Mr and Mrs Conradie, Rita George, Rosina Scheepers, Russell Erasmus, Alba Sophia Wippenaar, Michael Jonker, Henry van der Vent, Judith Riffel, Sylvia Kallis, Lionel and Muriel Woldson, Alex Pelston, Lorraine Plato, Jeanette and Herby Halls, Michelle Talliard, Rouvaun Smit, Edna Davids, Lynsey Jacobs, Hilton English, Fabian Castle, Jerome Fry, Sylvia Jacobs and Keegan Timm.

Housebound and elderly:

Christabel Nokumbuza, Rachel Vermeulen, Aletta Cloete, Freda Connolly, Brenda de Vos, Linda de Vos, Daniel Meyer, Joanne White, Ronald Smedley, May Rushin, Maureen Sieglar, Monica Fry, Ellen Thompson, Sandra Fourie, Stella Collins, Ellen Constant and Winnie Du Preez.

Celebrating birthdays this week:

25. Daniel Brown and Kristen Fabing

27. George Jacobs

PRAYER DIARY:

MONDAY: On this Monday, Lord, grant us the strength to face challenges, the clarity to make wise decisions, and the compassion to extend kindness to others. Amen.

TUESDAY: On this Tuesday, dear Lord, grant us the courage to pursue our goals, the patience to overcome obstacles, and the gratitude to appreciate the blessings in our life. Amen.

WEDNESDAY: On this Wednesday, Heavenly Father, grant us perseverance to endure the week's trials, joy to appreciate its blessings, and wisdom to navigate its uncertainties. Amen.

THURSDAY: On this Thursday, Lord, grant us resilience to overcome setbacks, humility to seek guidance, and generosity to share your blessings with others. Amen.

FRIDAY: On this Friday, dear Lord, bless us with peace to end the week, gratitude for its lessons, and joy to embrace the weekend ahead. Amen.

SATURDAY: On this Saturday, Heavenly Father, grant us rest for our weary souls, joy for our hearts, and opportunities to spread kindness and love to those around us. Amen.

SUNDAY Dear Lord, on this Sunday, may your presence fill our day with peace, your wisdom guide our thoughts, and your love inspire our actions. Amen.

NOTICES

- Junior Church: is hosting an easter egg hunt on Sunday 31 March after the 9h15 service. They are appealing to the parishioners for donations of easter eggs towards their hunt. Should you wish to join them or want more information please contact Megan 061 827 2748.
- Rector's Easter Offering: As it is customary in our Parish, the Easter offering goes to the Rector. The Churchwardens encourage Parishioners to contribute as it's a gift from the Parish to our Rector and his family. Contribution can be made via the envelope provided. Please return the envelopes by Easter day.
- Outreach: The Men's Fellowship are involved in different outreach projects. To name a few: Fikelela, Margaret's House, Heartlands Baby Sanctuary etc. We appeal to the community of St Saviour's to please assist with contributions e.g. rain jackets, white and blue school shirts, grey trousers and pajamas for the boys at Margaret's House, stationery and toiletries which will be distributed to the various institutions. Please speak to Henriette.
- Tea: is hosted by James April in celebration of his birthday. Should you wish to host or contribute towards the Sunday tea, please put your name on the list facilitated by the sidesperson or contact the office.
- Flowers: Should you wish to give a donation towards the flowers for Easter, please use the envelope marked "Flower Donation" and drop it in the collection bag during offertory.
- Choir Master is appealing to Alto and Tenor voices to please join. Our parish choir practice takes place every Thursday from 18h00.
- It's Bingo Time: 170th Committee is hosting a Bingo Afternoon on Saturday, 13 April 2024 in the church hall starting at 14h00. It's going to be a fun family affair.
- Holy Week Services:

25 March Monday:	Stations of the cross at 19h00
26 March Tuesday:	A service of Word and Worship at 19h00
27 March Wednesday:	Healing Service at 19h00
28 March Thursday:	Maundy Thursday at 19h00
29 March Friday:	Veneration of the Cross at 09h00
	Three Hour devotion at 12h00
30 March Saturday:	Church cleanup at 09h00
31 March Sunday:	Easter Vigil and renewal of Baptismal vows at 06h00
	Easter Eucharist and Baptism followed by an Easter Egg Hunt at 09h15

PARISH DIRECTORY

RECTOR: REVD CHESNAY FRANTZ

021 674 1078/073 256 5200

EMAIL: stsaviours.rector@gmail.com

DAY OFF: MONDAY

CURATE: Mr. KEEGAN DAVIDS

072 808 2063

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DAY OFF: FRIDAY

DIRECTOR OF MUSIC:

CHANDLER WHITE : 065 894 9644

OFFICE:

PARISH OFFICE HOURS: MONDAY – FRIDAY,
9:00AM – 1:00PM

PARISH ADMINISTRATOR: ROZANNE FITZ

PARISH OFFICE: 021 671 8171/021 6718994

PARISH EMAIL: officestsaviours@gmail.com

PARISH WEBSITE: <https://stsaviours.weebly.com>

CHURCHWARDENS:

Mr.Jeremy Fredericks : 083 447 8911

Mr Jonathan Carelse : 060 589 5372

PARISH COUNCIL MEMBERS:

HERMAN GRIBBLE

CASSIDY SAAL

JACQUELINE SAAL

JUSTIN LAWRENCE

HENRIETTE SAAYMAN

DEBORAH LATEGAN

GLYNIS ABRAHAMS

WEEKLY SERVICE TIMES:

SUNDAY:

7:30AM

SAID MASS

9:15AM

SUNG HOLY EUCHARIST

MONDAY:

8:30 – 9:00AM

MORNING PRAYER

TUESDAY:

8:30 - 9:00AM

MORNING PRAYER

WEDNESDAY:

9:45AM

SAID MASS

THURSDAY:

8:30 - 9:00AM

MORNING PRAYER

INTERCESSORS:

Monday at 9:30am

PARISH BANK DETAILS

STANDARD BANK
CLAREMONT
CURRENT ACCOUNT
072635703

