



St. Saviour's Anglican Church
Diocese of Cape Town

Maundy Thursday:



The commemoration of the Last Supper
The washing of the feet
The stripping of the Altar
6 April 2023

At the evening Eucharist the Church remembers Christ's gift of the sacrament of Holy Communion. The white vestments express our joy and thanksgiving. After the Gospel which describes Christ washing the feet of his disciples, the Priest will wash the feet of members of the congregation, who volunteer to have their feet washed.

At the end of the service the altar will be stripped.

Maundy Thursday Mass, is the beginning of the Triduum which culminates at Easter. This service thus concludes tonight without a blessing but in silence.

Those who wish to observe a vigil around the Blessed Sacrament are welcome to stay behind and do so.

Preacher & Presider: Revd Chesnay Frantz

Reader: Jeremy Fredericks

Layminister: Ivan Fortune

GREETING AND WELCOME

Priest: The Lord be with you
And also with you

INTROIT HYMN: DEAR LORD AND FATHER OF MANKIND

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|--|--|
| 1. Dear Lord and Father of mankind,
Forgive our foolish ways!
Re- clothe us in our rightful mind,
In purer lives the service find,
In deeper reverence praise. | 2. In simple trust like theirs who heard,
Beside the Syrian sea,
The gracious calling of the Lord
Let us, like them, without a word
Rise up and follow thee. |
| 3 O Sabbath rest by Galilee!
O calm of hills above,
Where Jesus knelt to share with thee
The silence of eternity
Interpreted by love! | 4. Drop thy still dews of quietness,
Till all our strivings cease;
Take from our souls the strain and
stress
And let our ordered lives confess
The beauty of thy peace. |
| 5. Breathe through the heats of our desire
Thy coolness and thy balm;
Let sense be dumb, let flesh retire;
Speak through the earthquake, wind,
and fire,
O still small voice of calm! | |

The Synaxist continues

Minister: Praise the Lord
People: **Praise God you servants of the Lord**

Minister: Blessed be God, Father Son and Holy Spirit
People: **Blessed be God's name, now and forever**

Glory to God in the highest
and peace to His people on earth.
Lord God, Heavenly King
almighty God and Father
we worship you; we give you thanks
we praise you for your glory.

Lord, Jesus Christ, only Son of the Father
Lord God, Lamb of God
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.

For you alone are the Holy one
you alone are the Lord
you alone are the Most High
Jesus Christ
with the Holy Spirit
in the glory of God the Father.
Amen

Lay Minister: Let us pray

People: **Almighty God**
to whom all hearts are open,
all desires known
and from whom no secrets are hid:
cleanse the thoughts of our hearts,
by the inspiration of your Holy Spirit,
that we may perfectly love you
and worthily magnify your Holy name;
through Christ our Lord.

Lord, have mercy
Lord, have mercy

Christ, have mercy
Christ, have mercy

Lord, have mercy
Lord, have mercy

Jesus said, 'You shall love the Lord your God with all your heart, and with all your soul and with all your mind.' This is the first and great commandment. And the second is like it, 'You shall love your neighbour as yourself.' On these two commandments depend all the law and the prophets.

Let us confess our sins:

Silence

People: **Almighty God
our heavenly Father,
in penitence we confess
that we have sinned against you
through our own fault;
in thought, word, and deed
and in what we have left undone.
For the sake of your Son, Christ our Lord
forgive us all that is past
and grant that we may serve you
in newness of life,
to the glory of your name.**

Priest: Almighty God,
who forgives all who truly repent,
have mercy on you,
pardon your sins, and set you free from them:
confirm and strengthen you in all goodness,
and keep you in eternal life, through Jesus Christ our Lord.

People: **Amen**

Priest: Let us pray

People: **God, our Father,
your Son revealed his love
in washing the feet of his disciples and by giving us this supper:
nourish us by Christ's presence
and unite us in Christ's love;
who is alive and reigns with you and the Holy Spirit,
one God, now and for ever. Amen.**

THE WORD OF GOD

THE FIRST READING: EXODUS 12:1-14

Hear the word of the Lord.

Thanks be to God

PSALM 116: 1-2, 11- 18

- 1 I love the Lord because he heard my voice:
the voice of my supplication;
- 2 Because he inclined his ear to me:
in the day that I called to him.
- 11 How shall I repay the Lord:
for all his benefits to me?
- 12 I will take up the cup of salvation:
and call upon the name of the Lord.
- 13 I will pay my vows to the Lord:
in the presence of all his people.
- 14 Grievous in the sight of the Lord:
is the death of his faithful ones.
- 15 O Lord I am your servant
your servant and the son of your handmaid:
you have unloosed my bonds.
- 16 I will offer you a sacrifice of thanksgiving:
and call upon the name of the Lord.
- 17 I will pay my vows to the Lord:
in the presence of all his people,
- 18 In the courts of the house of the Lord:
even in your midst O Jerusalem
Praise the Lord.

SECOND READING: 1 CORINTHIANS 11: 23-26

Hear the word of the Lord.

Thanks be to God

GRADUAL: BREAD OF HEAVEN ON THEE WE FEED

1. Bread of heaven, on thee we feed,
For thy flesh is meat indeed
Ever may our souls be fed
With this true and living Bread;
Through the life of him who died.
2. Vine of heaven, thy Blood supplies
This blest Cup of Sacrifice;
Lord, thy wounds our healing give,
To thy Cross we look and live:
Jesus may we ever be
Grafted, rooted, built in thee.

GOSPEL: JOHN 13: 1-17, 31b-35

This is the gospel of Christ.
Praise to Christ our Lord.

SERMON

THE WASHING OF THE FEET

- | | |
|--|---|
| 1. Brother, sister, let me serve you;
let me be as Christ to you;
pray that I may have the grace to
let you be my servant too. | 2. We are pilgrims on a journey,
and companions on the road;
we are here to help each other
walk the mile and bear the load. |
| 3. I will hold the Christlight for you
in the nighttime of your fear;
I will hold my hand out to you,
speak the peace you long to hear. | 4. I will weep when you are weeping;
when you laugh I'll laugh with you;
I will share your joy and sorrow,
till we've seen this journey through. |
| 5. When we sing to God in heaven,
we shall find such harmony,
born of all we've known together
of Christ's love and agony. | 6. Brother, sister, let me serve you;
let me be as Christ to you;
pray that I may have the grace to
let you be my servant too. |

AFTER THE WASHING OF THE FEET

Lord, you have declared your will
That we should faithfully keep your commandments

You have commanded us to love one another
As you have loved us

Lord in your mercy
Hear our prayer

Most loving Lord
you stooped to wash the feet of your disciples:
accept this our act of obedience and humble service
wash us clean from all sin and teach us to serve
the least of our sisters and brothers
to the glory of the Father who lives and
reigns with you and the Holy Spirit one God,
now and forever. **AMEN**

THE PRAYERS OF THE PEOPLE:

On this solemn evening, in union with Christ's prayer that all may be one, as He and the Father are one, we pray for the unity of all Christians.

Father we pray for Christians throughout the world
That we may be one

We pray for the Roman Catholic Church and for Francis the Pope
That we may be one

We pray for Eastern Orthodox Churches and for their Patriarchs and Archbishops
That we may be one

We pray for the Churches which have covenanted with us and for their leaders.
That we may be one

We pray for all other Churches
That we may be one

We pray for the Anglican Communion and for Justin Archbishop of Canterbury
That we may be one

We pray for the Church of the Province of Southern Africa and for Thabo our Diocesan and Metropolitan
That we may be one

We pray for this diocese and for Joshua our suffragan bishop
That we may be one

We pray for this parish and for Chesnay our rector
That we may be one

We pray for the unity of all Christian people, and that the world may believe.
That we may be one

Heavenly Father, your Son our Lord Jesus Christ said to his apostles, Peace I leave with you: regard not our sins but the faith of your Church, and grant her peace and unity which is according to your will; through Jesus Christ our Lord. **Amen**

PEACE

Jesus says: "Peace I leave with you; my peace I give to you. Do not let your hearts be troubled, neither let them be afraid.

The Peace of the Lord be with you.
And also with you.

OFFERTORY HYMN: O THOU, WHO AT THY EUCHARIST DIDST PRAY

1. O thou, who at thy Eucharist didst pray
that all thy Church might be for ever one,
grant us at every Eucharist to say
with longing heart and soul, 'Thy will be done:'
O may we all one bread, one body be,
through this blest sacrament of unity.
2. For all thy Church, O Lord, we intercede;
make thou our sad divisions soon to cease;
draw us the nearer each to each, we plead,
by drawing all to thee, O Prince of peace:
thus may we all one bread, one body be,
through this blest sacrament of unity.
3. We pray thee too for wanderers from thy fold;
O bring them back, good Shepherd of the sheep,
back to the faith which saints believed of old,
back to the Church which still that faith doth keep:
soon may we all one bread, one body be,
through this blest sacrament of unity.
4. So, Lord, at length when sacraments shall cease
may we be one with all thy Church above,
one with thy saints in one unbroken peace,
one with thy saints in one unbounded love:
more blessed still, in peace and love to be
one with the Trinity in Unity.

Yours, Lord is the greatness, the power, the glory, the splendour, and the majesty; for everything in heaven and on earth is yours. All things come from you, and of your own do we give you.

Amen

THE TAKING OF THE BREAD AND WINE

Blessed are you, Lord, God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made. For us it becomes the bread of life.

Blessed be God for ever

Blessed are you, Lord, God of all creation. Through your goodness we have this wine to offer fruit of the vine and work of human hands. For us it becomes the cup of salvation.

Blessed be God for ever

THE THIRD EUCHARISTIC PRAYER

The Lord be with you
And also with you

Lift up your hearts
We lift them to the Lord

Let us give thanks to the Lord our God
It is right to give him thanks and praise

Father, it is our duty and our salvation, always and everywhere to give you thanks through your beloved Son, Jesus Christ.

He is the word through whom you made the universe, the Saviour you sent to redeem us. By the power of the Holy Spirit he took flesh and was born of the Virgin Mary. For our sake he opened his arms on the cross; he put an end to death and revealed the resurrection. In this he fulfilled your will and won for you a holy people.

And now we give you thanks because he is the true and everliving priest who established this eternal sacrifice, and who offered himself as victim for our deliverance and taught us to do this in remembrance of him, so that by eating the bread of life in a holy meal, we might proclaim his death until he comes.

And so we join the angels and the saints in proclaiming your glory as we sing:

**Holy, holy, holy Lord
God of power and might
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord, you are holy indeed, the fountain of all holiness. Let your Spirit come upon these gifts to make them holy, so that they may become for us the body and blood of our Lord Jesus Christ.

Before he was given up to death, a death he freely accepted, he took bread and gave you thanks. He broke the bread, gave it to his disciples, and said: 'Take this, all of you, and eat it: this is my body which will be given up for you.'

When supper was ended, he took the cup. Again he gave you thanks and praise, gave the cup to his disciples, and said: 'Take this, all of you, and drink from it: this is the cup of my blood, the blood of the new and everlasting covenant. It will be shed for you and for all so that sins may be forgiven. Do this in memory of me.'

So we proclaim the mystery of faith

**When we eat this bread and drink this cup
you have set us free.
until you come in glory.**

In memory of his death and resurrection, we offer you, Father, this life-giving bread, this saving cup.

We thank you for counting us worthy to stand in your presence and serve you. May all of us who share in the body and blood of Christ be brought together in unity by the Holy Spirit. Lord, remember your Church throughout the world; make us grow in love, together with *N* our bishop, and all the clergy. Remember our brothers and sisters who have gone to their rest in the hope of rising again; bring them and all the departed into the light of your presence.

Have mercy on us all; make us worthy to share eternal life with Mary, the virgin mother of God, with the apostles, and with all the saints who have done your will throughout the ages. May we praise you in union with them, and give you glory through your Son, Jesus Christ.

Through him, with him, in him, in the unity of the Holy Spirit, all glory and honour is yours, almighty Father, for ever and ever. **Amen**

As Christ has taught us we are bold to pray:

**Our Father in heaven
hallowed be your Name
your kingdom come your will be done
on earth as in heaven.
Give us today our daily bread. Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory
are yours now and forever.
Amen**

THE BREAKING OF THE BREAD

The bread which we break is it not a sharing of the body of Christ?

We, who are many, are one body for we all partake of the one bread.

Jesus, Lamb of God: have mercy on us.

Jesus, bearer of our sins: have mercy on us.

Jesus, redeemer of the world: give us your peace.

**We do not presume to come to this your table,
merciful Lord trusting in our own righteousness
but in your manifold and great mercies.**

**We are not worthy so much as to gather up
the crumbs under your table but you are the same Lord
whose nature is always to have mercy.**

**Grant us therefore, gracious Lord
so to eat the flesh of your dear Son Jesus Christ and to drink his blood
that we may evermore dwell in him and he in us.**

Draw near and receive the Body of our Lord Jesus Christ which he gave for you, and his blood which he shed for your, feed on him in your hearts by faith, with thanksgiving.

COMMUNION HYMNS: AND NOW, O FATHER, MINDFUL OF THE LOVE

1. And now, O Father, mindful of the love
that bought us, once for all, on Calvary's tree,
and having with us him that pleads above,
we here present, we here spread forth to thee
that only offering perfect in thine eyes,
the one true, pure, immortal sacrifice.
2. Look, Father, look on his anointed face,
and only look on us as found in him;
look not on our misusings of thy grace,
our prayer so languid, and our faith so dim:
for lo, between our sins and their reward
we set the Passion of thy Son our Lord.
3. And then for those, our dearest and our best,
by this prevailing presence we appeal:
O fold them closer to thy mercy's breast,
O do thine utmost for their souls' true weal;
from tainting mischief keep them white and clear,
and crown thy gifts with strength to persevere.
4. And so we come: O draw us to thy feet,
most patient Saviour, who canst love us still;
and by this food, so awful and so sweet,
deliver us from every touch of ill:
in thine own service make us glad and free,
and grant us never more to part with thee.

CONCLUSION

Give thanks to the Lord for he is gracious
His mercy endures for ever

**Father almighty
we offer ourselves to you
as a living sacrifice
in Jesus Christ our Lord.
Send us out into the world
in the power of the Holy Spirit
to live and work
to your praise and glory.**

The reserved Sacrament is carried to the Lady Chapel, with a procession and placed at the Altar of repose.

THE STRIPPING OF THE ALTAR

The altar is stripped. While this is being done Psalm 22 is said with the antiphon at the beginning and the end.

PSALM 22

They part my garments among them: and cast lots for my clothing

- 1 My God my God why have you forsaken me:
why are you so far from helping me
and from the words of my groaning?
- 2 My God I cry to you by day but you do not answer:
and by night also I take no rest.
- 3 But you continue holy:
you that are the praise of Israel.
- 4 In you our fathers trusted:
they trusted and you delivered them;
- 5 To you they cried and they were saved:
they put their trust in you and were
not confounded.
- 6 But as for me I am a worm and no man:
the scorn of men and despised by the people.
- 7 All those that see me laugh me to scorn:
they shoot out their lips at me and wag their heads
saying,
- 8 'He trusted in the Lord let him deliver him:
let him deliver him if he delights in him.'
- 9 But you are he that took me out of the womb:
that brought me to lie at peace on my mother's
breast.
- 10 On you have I been cast since my birth:
you are my God even from my mother's womb.
- 11 O go not from me for trouble is hard at hand:
and there is none to help.
- 12 Many oxen surround me:
fat bulls of Bashan close me in on every side.

- 13 They gape wide their mouths at me:
like lions that roar and rend.
- 14 I am poured out like water
and all my bones are out of joint:
my heart within my breast is like melting wax.
- 15 My mouth is dried up like a potsherd:
and my tongue clings to my gums.
- 16 My hands and my feet are withered:
and you lay me in the dust of death.
- 17 For many dogs are come about me:
and a band of evildoers hem me in.
- 18 I can count all my bones:
they stand staring and gazing upon me.
- 19 They part my garments among them:
and cast lots for my clothing.
- 20 O Lord do not stand far off:
you are my helper hasten to my aid.
- 21 Deliver my body from the sword:
my life from the power of the dogs;
- 22 O save me from the lion's mouth:
and my afflicted soul from the horns of the wild
oxen.
- 23 I will tell of your name to my brethren:
in the midst of the congregation will I praise you.
- 24 O praise the Lord all you that fear him:
hold him in honour O seed of Jacob
and let the seed of Israel stand in awe of him.
- 25 For he has not despised nor abhorred
the poor man in his misery:
nor did he hide his face from him
but heard him when he cried.
- 26 From you springs my praise in the great
congregation:
I will pay my vows in the sight of all that fear you;

- 27 The meek shall eat of the sacrifice and be satisfied:
and those who seek the Lord shall praise him
may their hearts rejoice for ever!
- 28 Let all the ends of the earth remember
and turn to the Lord:
and let all the families of the nations worship
before him.
- 29 For the kingdom is the Lord's:
and he shall be ruler over the nations.
- 30 How can those who sleep in the earth do him homage:
or those that descend to the dust bow down
before him?
- 31 But he has saved my life for himself:
and my posterity shall serve him.
- 32 This shall be told of my Lord to a future generation:
and his righteousness declared
to a people yet unborn that he has done it.

They part my garments among them: and cast lots for my clothing

The Church is in darkness, and we all leave in silence.

HOLY WEEK & EASTER PROGRAM 2022

Good Friday

09:00- Veneration of the cross

12:00- 3 Hour devotion with music

Easter day

07:00- Holy Eucharist and renewal of baptismal vows

09:30 -Holy Eucharist and Baptism

PARISH DIRECTORY

PARISH OFFICE HOURS: MONDAY – FRIDAY, 9:00AM – 1:00PM

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PARISH BANK DETAILS

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