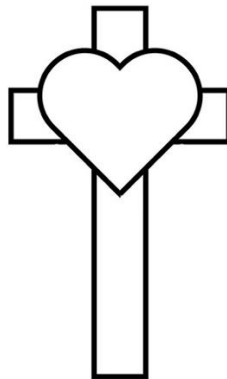




St. Saviour's Anglican Church
Diocese of Cape Town



DISCOVERING WHOLENESS AT THE
HEART OF THE CROSS.

GOOD FRIDAY: 3 HOUR DEVOTION

29 March @ 12h00

Officiant: Revd. Chesnay Frantz
Preacher: Revd. Ernest Fritz
Keegan Davids
Layminister: Sidney Scheepers

The congregation stands.

The procession enters in silence.

The Altar party prostrates at the appropriate place, the congregation kneel.

This is followed by a period of silence.

The officiant standing prays:

People of God, we have come together that we may hear again how our Lord and Saviour suffered upon the cross, and that hearing, we may offer our lives anew to Him who died for us.

Let us prepare ourselves as we pray this prayer.

**Almighty Father
Hear our prayer
And look with mercy on this your family
For which our Lord Jesus Christ
Was ready to be betrayed
Into the hands of sinners
And suffer on the cross;
Who is alive, and reigns with You and the Holy Spirit
One God, now and forever. AMEN**

From Psalm 31- led by Layminister:

To you Lord have I come for shelter:
let me never be put to shame.
O deliver me in your righteousness:
Incline your ear to me and be swift to save me.
Into your hands: Lord I commit my spirit.

For my life wears out in sorrow
And my years with sighing:
My strength fails me in affliction
And my bones are consumed.
I am become the scorn of all my enemies:
And my neighbours wag their heads in derision.
Into your hands: Lord I commit my spirit.

I am a thing of horror to my friends:
And those that see me in the street shrink from me.
I am forgotten like a dead man out of mind
I have become like a broken vessel.
Into your hands: Lord I commit my spirit.

For I hear the whispering of many:
And fear is on every side;
While they plot together against me:
and scheme to take away my life.
Into your hands: Lord I commit my spirit.

But in you Lord I put my trust:
I have said You are my God.
All my days are in your hands:
O deliver me from the power of my enemies
And from my persecutors.
Into your hands: Lord I commit my spirit.

But you heard the voice of my supplication:
when I cried to you for help.
Be strong and let your heart take courage:
All you that hope in the Lord
Into your hands: Lord I commit my spirit.

HYMN: POWER OF YOUR LOVE

Lord I come to You
Let my heart be changed, renewed
Flowing from the grace
That I found in You.
And Lord I've come to know
The weaknesses I see in me
Will be stripped away
By the power of Your love.

Hold me close
Let Your love surround me
Bring me near
Draw me to Your side.

And as I wait
I'll rise up like the eagle
And I will soar with You
Your Spirit leads me on
In the power of Your love.

Lord unveil my eyes
Let me see You face to face
The knowledge of Your love
As You live in me.

Lord renew my mind
As Your will unfolds in my life
In living every day
by the power of Your love

Introduction and unveiling of St. Saviour's Heart of Hope: Mrs. Carol Kriel

HYMN: O SACRED HEAD

O sacred Head surrounded
By crown of piercing thorn!
O bleeding Head, wo wounded,
Reviled and put to scorn!
The pow'r of death comes o'er you,
The glow of life decays,
Yet angel hosts adore you
And tremble as they gaze.

I see your strength and vigor
All fading in the strife,
And death with cruel rigor,
Bereaving you of life;
O love to sinners free!
Jesus, all grace supplying,
O turn your face on me.

In this, your bitter passion,
Good Shepherd, think of me
With your most sweet compassion,
Unworthy though I be:
Beneath your cross abiding
For ever would I rest,
In your dear love confiding,
And with your presence blest.

Before the Passion play, the congregation acclaims:

Acclamation:

Christ humbled himself and became obedient unto death, even death on the cross. Therefore God has highly exalted Him and bestowed on him the name that is above every name.

The passion of our Lord Jesus Christ according to John: *John 19:1-37*

The congregation remain seated as we watch the Passion play

CHORAL ITEM:

O come and mourn with me a while;
O come ye to the Savior's side;
O come, together let us mourn:
Jesus, our Love, is crucified!

Have we no tears to shed for Him,
While soldiers scoff and foes deride?
Ah! Look how patiently He hangs:
Jesus, our Lord, is crucified!

Seven times He spake seven words of love;
And all three hours His silence cried
For mercy on the souls of men:
Jesus, our Lord, is crucified!

O love of God! O sin of man!
In this dread act your strength is tried;
And victory remains with love:
Jesus, our Lord, is crucified!

GENERAL INTERCESSIONS

Today Christ offers his life to the Father for salvation of humankind. In union with him we now pray that all may receive the benefits of his passion.

For the church

Let us pray, dear friends, for the holy Church of God throughout the world, that God the almighty Father may guide it and gather it together so that we may worship him in peace and tranquility.

Silent prayer

Almighty and eternal God, you have shown your glory to all nations in Christ, your Son. Guide the work of your Church. Help it to persevere in faith, to proclaim your name, and to bring salvation to people everywhere.

Lord in your mercy
Hear our prayer

For the clergy and laity of the church

Let us pray for *Joshua* our suffragan bishop, together with *Thabo* our Diocesan metropolitan, for all bishops, priests and deacons; for those who have a special ministry in the Church; and for all God's people.

Silent prayer

Almighty and eternal God, your Spirit guides the Church and makes it holy. Listen to our prayers and help all in their own vocation to do your work more faithfully.

Lord in your mercy

Hear our prayer

For those preparing for baptism and confirmation

Let us pray for those preparing for baptism and confirmation, that God in his mercy may make them responsive to his love.

Silent prayer

Almighty and eternal God, you continually add to your Church those whom you call. Increase the faith and understanding of those preparing for baptism and confirmation, and make them faithful members of your chosen family.

Lord in your mercy

Hear our prayer

For the unity of Christians

Let us pray for all our brothers and sisters who share our faith in Jesus Christ, that God may gather and keep together in one Church all those who seek the truth.

Silent prayer

Almighty and eternal God, you keep together those you have united. Look kindly on all who follow Jesus your Son. We are consecrated to you by our common baptism; make us one in the fullness of faith, and keep us one in the fellowship of love.

Lord in your mercy

Hear our prayer

For the Jewish people

Let us pray for the Jewish people, the first to hear the word of God, that they may continue to grow in the love of his Name and confess Jesus as Messiah.

Silent prayer

Almighty and eternal God, you gave your promise to Abraham and his descendants. Grant that the people you first made your own may arrive at the fullness of redemption.

Lord in your mercy

Hear our prayer

For those who do not believe in Christ

Let us pray for those who do not believe in Christ, that the light of the Holy Spirit may show them the way of salvation.

Silent prayer

Almighty and eternal God, whom all seek, even unknowingly: open the eyes of those who know not Christ, that they may find in him alone, the way, the truth and the life.

Lord in your mercy

Hear our prayer

For those who do not believe in God

Let us pray for those who do not believe in God.

Silent prayer

Almighty and eternal God, you have made us for yourself and our hearts are restless until they find their rest in you. Have mercy on all who live in doubt and unbelief, that they may know you the one Creator God and Jesus Christ whom you have sent.

Lord in your mercy

Hear our prayer

For all in public office

Let us pray for those who serve in public office, that God will guide their minds and hearts, so that all my life in true peace and freedom.

Silent prayer

Almighty and eternal God, in your goodness watch over those in authority so that people everywhere may enjoy true freedom, security and peace.

Lord in your mercy
Hear our prayer

For those in special need

Let us pray, dear friends that God the almighty Father may heal the sick, comfort the dying, give safety to travelers, free those unjustly deprived of liberty and rid the world of falsehood, hunger and disease.

Silent prayer

Almighty and eternal God, you give strength to the weary and new courage to those who have lost heart. Hear the prayers of all who call on you in any trouble, that they may have the joy of receiving your help in their need.

We ask all this through Jesus Christ our Lord.
Amen

HYMN: WHEN I SURVEY THE WONDROUS CROSS

- 1. When I survey the wondrous Cross
On which the prince of Glory died,
My richest gain I count but loss,
And pour contempt on all my pride.**
- 2. Forbid it, Lord, that I should boast
Save in the Cross of Christ my God
All the vain things that charm me most,
And pour contempt on all my pride.**
- 3. See from his head, his hands, his feet
Sorrow and love flow mingling down;
Did e'er such love and sorrow meet,
Or thorns compose so rich a crown?**
- 4. Were the whole realm of nature mine,
That were an offering far too small;
Love so amazing, so divine,
Demands my soul, my life, my all.**

SOLEMN ADORATION OF THE CROSS.

A veiled cross is carried to the altar. Facing the people, the priest uncovers the upper part of it, and elevates it and says.

Lord, by your holy cross you redeemed the world
We adore, Christ, and we bless you

The Priest unveils the right arm, and elevates the cross, and the words are repeated. Finally he uncovers the entire cross, elevates it and the words are again repeated.

The cross is placed in the sanctuary:

The congregation is invited to make an act of reverence before the cross, after the service.

The reproaches are said; all kneeling or seated prayerfully.

My people, what have I done to you? How have I offended you? Answer me!.

I led you out of Egypt, from slavery to freedom, but you led your Saviour to the cross.

My people, what have I done to you? How have I offended you? Answer me!.

Holy is God! Holy and strong! Holy immortal One, have mercy on us.

For forty years I led you safely through the desert. I fed you with manna from heaven, and brought you to a land of plenty; but you led your Saviour to the cross.

Holy is God! Holy and strong! Holy immortal One, have mercy on us.

What more could I have done for you? I planted you as my fairest vine, but you yielded only bitterness. When I was thirsty you gave me vinegar to drink, and you pierced your Saviour's side with a lance.

Holy is God! Holy and strong! Holy immortal One, have mercy on us.

I opened the sea before you, but you opened my side with a spear.

My people, what have I done to you? How have I offended you? Answer me!.

I led you on your way in a pillar of cloud, but you led me to Pilate's court.

My people, what have I done to you? How have I offended you? Answer me!.

I bore you up with manna in the desert, but you struck me down and scourged me.

My people, what have I done to you? How have I offended you? Answer me!.

I gave you saving water from the rock, but you gave me gall and vinegar to drink.

My people, what have I done to you? How have I offended you? Answer me!.

I gave you a royal scepter, but you gave me a crown of thorns.

My people, what have I done to you? How have I offended you? Answer me!.

I raised you to the height of majesty, but you have raised me high on a cross.

My people, what have I done to you? How have I offended you? Answer me!.

We praise and adore you, O Christ.

By your cross and precious blood you have redeemed us.

Worthy is the lamb, the Lamb that was slain, to receive all power and wealth, wisdom and might, honour and glory and praise!

We praise and adore you, O Christ. By your cross and precious blood you have redeemed us.

You are worthy, O Christ, for you were slain, and by your blood you purchased for God people of every tribe, language, nation and race; you have made them a royal house, to serve our God as priests; and they shall reign upon earth.

We praise and adore you, O Christ. By your cross and precious blood you have redeemed us.

To him who loves us and has freed us from our sins by his blood, and made us a kingdom, priests to his God and Father:

To him be glory and dominion for ever and ever. Amen

HYMN: AMR 114 FORGIVE THEM, O MY FATHER

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|--|--|
| 1 FORGIVE them, O my Father,
They know not what they do:
The Saviour spake in anguish,
As the sharp nails went through. | 2. No word of anger spake he
To them that shed his blood,
But prayer and tenderest pity
Large as the love of God |
| 3 For me that was compassion,
For me that tender care:
I need his wide forgiveness
As much as any there. | 4 It was my pride and hardness
That hung him on the tree;
Those cruel nails, O Saviour,
Were driven in by me. |
| 5 And often I have slighted
Thy gentle voice that child:
Forgive me too Lord Jesus;
I knew not what I did. | 6 O depth of sweet compassion!
O love divine and true!
Save thou the souls that slight thee
And know not what they do. |

READING: JOHN 19:16-18

ADDRESS 1: THE HEART OF THE CROSS, A PLACE OF EMBRACE

HYMN: THERE IS A GREEN HILL FAR AWAY

There is a green hill far away,
Outside a city wall,
Where the dear Lord was crucified,
Who died to save us all.

We may not know, we cannot tell
What pains He had to bear,
But we believe it was for us
He hung and suffered there.

He died that we might be forgiv'n,
He died to make us good,
That we might go at last to heav'n,
Saved by His precious blood.

There was no other good enough
To pay the price of sin,
He only could unlock the gate
Of heav'n and let us in.

Oh, dearly, dearly has He loved!
And we must love Him too
And trust in His redeeming blood
And try His works to do.

READING: HEBREWS 4:14-16, 5:7-9

ADRESS 2: THE HEART OF THE CROSS, A PLACE OF FORGIVENESS

HYMN O LOVE THAT WILT NOT LET ME GO

O Love that will not let me go,
I rest my weary soul in thee.
I give thee back the life I owe,
That in thine ocean depths its flow
May richer, fuller be.

O light that follows all my way,
I yield my flick'ring torch to thee.
My heart restores its borrowed ray,
that in thy sunshine's blaze its day
may brighter, fairer be.

O Joy that sleekest me through pain,
I cannot close my heart to thee.
I trace the rainbow through the rain,
And feel the promise is not vain,
That morn shall tearless be.

O Cross that liftest up my head,
I dare not ask to fly from thee.
I lay in dust, life's glory dead,
And from the ground there blossoms red,
Life that shall endless be.

READING: 2 CORINTHIANS 5:16-21

ADDRESS 3: THE HEART OF THE CROSS, A PLACE OF RECONCILIATION

Hymn: HOW GREAT THOU ART

During the singing of this hymn a collection will be taken

**O Lord my God! When I in awesome wonder
consider all the works Thy hands have made,
I see the stars, I hear the rolling thunder,
the power throughout the universe displayed;**

***Then sings my soul, my Saviour God, to Thee,
how great Thou art, how great Thou art!
Then sings my soul, my Saviour God, to Thee,
how great Thou art, how great Thou art!***

**When through the woods and forest glades I wander
and hear the birds sing sweetly in the trees;
When I look down from lofty mountain grandeur,
and hear the brook, and feel the gentle breeze**

**And when I think that God His Son not sparing,
sent Him to die - I scarce can take it in,
that on the cross my burden gladly bearing,
He bled and died to take away my sin:**

**When Christ shall come with shout of acclamation
And take me home what joy shall fill my heart
Then shall I bow in humble adoration
And there proclaim, my God how great thou art**

THE HOLY COMMUNION

As Christ has taught us we are bold to pray:

**Our Father in heaven
hallowed be your Name
your kingdom come your will be done
on earth as in heaven.
Give us today our daily bread. Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory
are yours now and forever. Amen**

**Jesus, Lamb of God: have mercy on us.
Jesus, bearer of our sins: have mercy on us.
Jesus, redeemer of the world: give us your peace.**

**We do not presume to come to this your table,
merciful Lord trusting in our own righteousness
but in your manifold and great mercies.
We are not worthy so much as to gather up
the crumbs under your table but you are the same Lord
whose nature is always to have mercy.
Grant us therefore, gracious Lord
so to eat the flesh of your dear Son Jesus Christ and to drink his blood
that we may evermore dwell in him and he in us.**

*Draw near and receive the Body of our Lord Jesus Christ which he gave for you,
and his blood which he shed for your, feed on him in your hearts by faith, with
thanksgiving*

CLOSING HYMN: CROWN HIM WITH MANY CROWNS

Crown Him with many crowns,
The Lamb upon His throne;
Hark! how the heav'nly anthem drowns
All music but its own!
Awake, my soul, and sing
Of Him who died for thee,
And hail Him as thy matchless King
Through all eternity.

Crown Him the Virgin's Son,
The God Incarnate born,
Whose arm those crimson trophies won
Which now His brow adorn:
Fruit of the mystic Tree,
As of that Tree the Stem;
The Root whence flows Thy mercy free,
The Babe of Bethlehem.

Crown Him the Lord of Love:
Behold His hands and side;
Rich wounds yet visible above
In beauty glorified:
No angel in the sky
Can fully bear that sight,
But downward bends his burning eye
At mysteries so bright.

Crown Him the Lord of peace,
Whose power a scepter sways
From pole to pole, that wars may cease,
And all be prayer and praise.
His reign shall know no end,
And round His pierced feet
Fair flowers of glory now extend
Their fragrance ever sweet.

**Crown Him the Lord of years,
The Potentate of time.
Creator of the rolling spheres,
Ineffably sublime.
All hail, Redeemer, hail!
For Thou hast died for me;
Thy praise shall never, never fail
Throughout eternity.**

FINAL PRAYER

Lord
send down your abundant blessings on your people
who have devoutly recalled the death of your Son
in the sure hope of the resurrection:
grant them pardon, bring them comfort
may their faith grow stronger
and their eternal salvation be assured.

AMEN

ALL LEAVE IN SILENCE!

PARISH DIRECTORY

RECTOR: REVD CHESNAY FRANTZ

021 674 1078/073 256 5200

EMAIL: stsaviours.rector@gmail.com

DAY OFF: MONDAY

CURATE: Mr. KEEGAN DAVIDS

072 808 2063

EMAIL: stsaviours.curate@gmail.com

DAY OFF: FRIDAY

DIRECTOR OF MUSIC:

CHANDLER WHITE : 065 894 9644

OFFICE:

PARISH OFFICE HOURS: MONDAY – FRIDAY,
9:00AM – 1:00PM

PARISH ADMINISTRATOR: ROZANNE FITZ
PARISH OFFICE: 021 671 8171/021 6718994

PARISH EMAIL: officestsaviours@gmail.com

PARISH WEBSITE: <https://stsaviours.weebly.com>

CHURCHWARDENS:

Mr. Jeremy Fredericks : 083 447 8911

Mr Jonathan Carelse : 060 589 5372

Mrs Ursula Jacobs : 083 740 2212 (Alternate)

PARISH COUNCIL PORTFOLIOS:

FINANCE:

JUSTIN LAWRENCE 065 745 7167

FUNDRAISING

GLYNIS ABRAHAMS 071 161 2110

OUTREACH:

HENRIETTE SAAYMAN 079 517 2532

BUILDING & MAINTENANCE:

HERMAN GRIBBLE 083 333 7143

YPM:

CASSIDY SAAL 073 820 1694

ORGANISATIONS:

JACQUELINE SAAL 068 174 8326

SOCIAL RESPONSIBILITY:

DEBORHA LATEGAN 082 577 2760

WEEKLY SERVICE TIMES:

SUNDAY:

7:30AM SAID MASS

9:15AM SUNG HOLY EUCHARIST

MONDAY:

8:30 – 9:00AM MORNING PRAYER

TUESDAY:

8:30 - 9:00AM MORNING PRAYER

WEDNESDAY:

9:45AM SAID MASS

THURSDAY:

8:30 - 9:00AM MORNING PRAYER

INTERCESSORS:

Monday at 9:30am

PARISH BANK DETAILS

STANDARD BANK
CLAREMONT
CURRENT ACCOUNT
072635703

