

# ST. SAVIOURS

Greetings dear friends.

This week the President announced the lifting of certain restrictions, which included the opening of Churches for in-person worship with a limit of 50 people at a gathering. To this effect, as a Parish we will be opening our doors for in-person worship as of **SUNDAY 14 February 2021**, with our traditional two services, the first at 7h30 and the second at 09h15. Our Wednesday morning Eucharist will commence on Wednesday 17 February 2021 at 09h45, which also happens to be ASH WEDNESDAY. We will have 3 services on Ash Wednesday: 09h45, 13h15 and 19h30.

This year for the Wednesday of Lent, as a Parish we will be looking at the Theme: Healing and Wholeness. A Lenten booklet will be available from the Parish office and will also be sent out via WhatsApp. Parishioners are encouraged to use this booklet as part of your Lenten spiritual discipline. At the Wednesday Eucharist for Lent we will reflect on this theme and engage with the material in the booklet. I look forward to OUR FIRST LENTEN JOURNEY. For us as a Parish to move forward and DISCERN what God is calling us too as Priest and people. I do believe we have to start with healing and wholeness. Many of us might be carrying past hurts directed at the Church, its clergy or its people, and for us to build and strengthen this community we first need to engage in a process of healing.

This Lenten series will culminate with a healing service on the Wednesday in Holy Week. I invite you all to join this journey of healing and wholeness.

As we ready ourselves for our Lenten journey, we are called to embrace the Anglican Church of Southern Africa's Lenten focus of eradicating Gender Based Violence, praying for those affected by this terrible pandemic, which has been highlighted by COVID-19 and the many societal challenges brought about as we find ourselves in Lockdown for close onto a year now.

LENT is indeed a season of repentance and inner soul searching. It's a time when we ae invited into the wilderness with Jesus, remembering and recalling God's grace and God's love. As we prepare ourselves to embark on our Lenten pilgrimage, I encourage you to consider taking up a spiritual discipline rather than the traditional giving up of some things...

A few examples of taking up somethings: *Taking up an* extra 10 minutes of prayer and reflection; taking up a space of self-reflection and self-care; taking up time to be present with a loved one; taking up the habit of a walk around the neighborhood.

Taking up something allows the discipline of Lent to get ingrained into our lifestyles and become part of who we are. LET US AS A COMMUNITY TAKE UP RATHER THAN GIVE UP!

God Bless.

See you soon. Fr. Chesnay Frantz (Rector)

# PARISH FAITH SHARING

In this time of being physically distanced, we will meet virtually on Wednesday at 19h00, to share in the reading and reflection of God's word. We will reflect on the reading and sermon of the past Sunday, and just share our experiences on this journey of faith.

Simply click on the link and use the passcode: Parish to join us. Join Zoom Meeting

https://us04web.zoom.us/j/71457143899?pwd=U2F4REVUemVGcoFzSnRxMohKR1RmQT09

Meeting ID: 714 5714 3899

Passcode: Parish

This week will reflect on the following questions:

- 1. What are your Lenten expectations?
- 2. How can our Lenten disciplines impact our community?
- 3. What is the biggest challeng of Lent?

### **PRAYER REQUESTS**

#### Pray for the sick or hospitalised

Mervyn Bost, Zara Osbourne, Edith Abrahams, Sandra Fourie, Joyce Erasmus, Crystal Bouwers, James April, Iris Hartnick, Mervyn Johnson, Frank Kennel, Monica Fry, Muriel Tshitshiba and Martin Dyers.

#### Housebound and elderly:

Christabel Nokumbuza, Rachel Vermeulen, Evan Brink, Breval Brown, Aletta Cloete, Freda Connelly, Brenda de Vos, Linda de Vos, Constant Eckardt, Joyce Hiebner, Edith Lekay, Daniel & Magdalene Meyer, Lionel & Muriel Woldson, Joanne White, Ronald Smedley and May Rushin.

### COLLECT OF THE DAY

Everlasting God, you heal the sick and restore the distressed: make us agents of your healing and wholeness, that your good news may be experienced throughout creation, through Jesus Christ our Lord; who lives and reigns with you and the Holy Spirit, one God for ever and ever. Amen. Γ

ST. SAVIOURS; CLAREMONT 5<sup>TH</sup>. SUNDAY AFTER THE EPIPHANY

### **READINGS OF THE DAY**

OT Reading:	Isaiah 40:21-31
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Psalm: Psalm 147:1-11 1

NT Reading: Corinthians 9:16-23

Gospel: Mark 1:29-39

# LECTIONARY FOR THE WEEK

<b>READINGS FOR THE WEEK</b>		
WED 10 FEB (White)	FRI 12 FEB (White)	
<b>Morning Prayer:</b> Psalm 69 Isaiah 59:15b-21 2 Timothy 1:15-2:13	<b>Morning Prayer:</b> Psalm 74 Isaiah 61:1-9 1 Timothy 3:1-17	
<b>Evening Prayer:</b> Psalms 70, 71 Genesis 27:1-29 Mark 10:1-	<b>Evening Prayer:</b> Psalms 75, 76 Genesis 27:46—28:4, 10-22 Mark 10:32-45	
16 THU 11 FEB (White)	SAT 13 FEB (White)	
<b>Morning Prayer:</b> Psalm 72 Isaiah 60:1-16 2 Timothy 2:14-26	<b>Morning Prayer:</b> Psalm 77 Isaiah 61:10—62:5 2 Timothy 4:1-8	
<b>Evening Prayer:</b> Psalm 73 Genesis 27:30-45 Mark 10:17- 31	<b>Evening Prayer:</b> Psalm 78:1-38 Genesis 29:1-20 Mark 10:46-52	
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### PRAYER DIARY

Monday:	Pray for all front line and essential workers in this pandemic.
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**Tuesday:** Pray for all learners and educator starting school on the 15 February.

Wednesday: Pray for staff; Venessa, Agnes, Avril, Elliott and Alan.

**Thursday:** Pray for the Rector Rev Chesnay his wife Samantha expecting a baby and daughter Sarah

**Friday:** Pray for all Clergy as they prepare for Ash Wednesday and Lent.

**Saturday:** Pray for all Organisations as they start to meet again.

**Sunday:** Pray for all Anglican Churches opening next Sunday 14 February 2021 to adhere to strict Covid rules.

#### Holy Lord, Thank you for grace. Please help us move beyond the hurdles that trip us and give us the strength and wisdom to look up and see the hope we run toward in Christ.

## BIRTHDAYS

### Prayers for those with Birthdays and Anniversaries this week.

*We pray for and celebrate with those who have birthdays this week*: (8 Feb) David Davids, Ryan Vermeulen (9 Feb) Gaston Parker (10 Feb) Natalie Joshua (11 Feb) Zoltan Andrews, Mervyn Bost, Ryan Maggott, Althea Walker (12 Feb) Bonga Mtyeku, Henriette van Graan.

Also, those couples celebrate Wedding Anniversaries.

# "May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope." -Romans 15:13

# NOTICES

- The Parish office now open; Monday-Friday 08h30-15h00.
- The Church will be open for in person worship as of Sunday 14 February 2021. We continue with 2 services on a Sunday and a Wednesday morning Eucharist.
- If you would like to be added to the Parish WhatsApp group, please send a message to the Rector (073 256 5200) or Nerine Meyer (072 180 0592).
- We will gather virtually on a Wednesday evening as a means of remaining in fellowship. It will be a time of reflecting on scripture and praying as a community.
- Pledge Envelopes Parishioners wanting Pledge Envelopes for 2021 must please call the office on 021 671 8171. Pledge Envelopes will be at the back of the church for collection.
- This week, the Parish received a JOJO Water storage tank as a generous donation from GREEN ANGLICAN. We thank Paul and Ryan Davids for their assistance in erecting the base for the tank. This will aide us in brightening up our garden space.





ANGLICAN CHURCH OF SOUTHERN AFRICA

#### **Important Dates**

9 February 2021:	Layministers Meeting at 19h00 – Church
11 February 2021:	Parish Council Meeting at 19h00 – Parish Room
13 February 2021:	Servers Guild Meeting at 09h00 – Church
16 February 2021:	Shrove Tuesday at 18h00 – Drive By
17 February 2021:	Ash Wednesday at 09h45, 13h15 & 19h30

### PARISH BANK DETAILS

#### STANDARD BANK

#### CLAREMONT

#### CURRENT ACCOUNT

072635703



### PARISH DIRECTORY

PARISH OFFICE: 021 671 8171/021 6718994 PARISH EMAIL: officestsaviours@gmail.com PARISH WEBSITE: https://stsaviours.weebly.com RECTOR: 021 674 1078/073 256 5200 RECTOR EMAIL: stsaviours.rector@gmail.com CHURCHWARDENS: Dr. Michael Jonker (082 891 4746) Mrs. Ursula Jacobs (083 740 2212)