



ST. SAVIOUR'S

ANGLICAN CHURCH.

DIOCESE OF CAPE TOWN.

First Sunday in Lent

COLLECT FOR THE DAY

God of mercy, Jesus found a sure defence in your word: strengthen us to persevere faithfully as we confront the temptations of life; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen

READINGS FOR THE DAY

OT Reading: Deuteronomy 26:1-11
 Psalm (said): 91:1-2, 9-16
 NT Reading: Romans 10: 8b-13
 Gospel: Luke 4: 1-13

PREACHER Rev Johan Ferndale & PRESIDER: Rev Chesnay Frantz

READERS: 7H30 – Noel Sasman

09H15- James Smith

LAYMINISTER: 7H30- Ursula Jacobs

09H15- Gavin Pillay

HYMNS: SOF

Introit: 411 O For a heart to praise my God

Gradual: 19 Amazing grace

Offertory: 139 God of grace & God of glory

Communion: 35 Break thou the bread of life

Recessional: In Christ alone (Insert)

Choir Motet: Lead me Lord (Wesley)

LECTIONARY FOR THE WEEK:

Mon: 7 Mar	Morning Prayer	Psalms: 19,20,21	Genesis 37: 1-11	1 Corinthians 1:1-19
	Evening Prayer	Psalms: 22	Deuteronomy 8: 11-20	Mark 1: 1-13
Tues: 8 Mar	Morning Prayer	Psalm: 23, 24	Genesis 37:12-24	1 Corinthians 1:20-31
	Evening Prayer	Psalms: 25	Deuteronomy 9: 4-12	Mark 1: 14-28
Wed: 9 Mar	Morning Prayer	Psalms: 26, 27	Genesis 37:25-36	1 Corinthians 2: 1-13
	Evening Prayer	Psalms: 28,29,30	Deuteronomy 9: 13-21	Mark 1: 29-45
Thurs: 10 Mar	Morning Prayer	Psalm 31	Genesis 39: 1-23	1 Corinthians 2:14-3:15
	Evening Prayer	Psalm 32,33	Deuteronomy 9:23-10:5	Mark 2: 1-12
Fri: 11 Mar	Morning Prayer	Psalms 34	Genesis 40:1-23	1 Corinthians 3:16-23
	Evening Prayer	Psalm: 35	Deuteronomy 10: 12-22	Mark 2:13-22
Sat: 12 Mar	Morning Prayer	Psalm: 36	Genesis 41: 1-13	1 Corinthians 4: 1-7
	Evening Prayer	Psalm 37:1-20	Deuteronomy 11:18-28	Mark 2: 23-3:6

NOTICES

- Communication: If you would like to be added to the Parish WhatsApp group or Parish Prayer group, please contact the office.
- Parish Intercession: Every Monday between 9:30am – 10:30am a small group of Intercessors will be meeting in the Lady Chapel to pray for the needs of our church. If you have any prayer request, please complete a request form & put in the prayer box in the Lady Chapel.
- Parish Security: Everyone who has keys & remotes to any of the church properties/gates, please contact the office to complete a key & remote register.
- Sunday Teas: . If anyone wishes to donate refreshments in marking a special occasion throughout the year, please liaise with the Parish office. Thank you to those who have already given and those who regularly still give contribute.
- Junior Church: Our Sunday school takes a new and exciting shape this year in the form of a JUNIOR CHURCH; every Sunday 9:00 – 10:15am. Open to ALL CHILDREN. Watch the notice boards and Parish Whatsapp group for updates. We are looking for donations to create a safe and exciting space for our children in the minor hall. Please speak to Cheree, Nerine or Suzie.
- Readers: Please collect March – June roster at the back of the church. If you are interested in reading on a Sunday morning at the 7:30am service, please contact the office.
- Men's Fellowship Appeal: School uniforms, stationery (especially A4 Hardcover books) and school shoes that YOU NO LONGER USE or are too small kindly donate these items to anyone from the Men's Fellowship or drop off in the stationery box at the back of the church.
- Appeal: Assistance is needed for various outside organisations, please see the notice board.
- Parish Council: Will meet on Tuesday 8 March at 7pm.
- Exco: Will meet on Tuesday 8 March at 6pm.
- Service Guild: Will meet on Sunday 13 March after the 9:15am service.
- AWF : Will be having a cake sale this morning after the 9:15am service in aid of Diocesan Fundraising.
- Wednesday Services in Lent: Holy Eucharist at 9:45am & 19:00

Junior Church Program for March

6 March	Movement & Dance
13 March	Sunday School
20 March	Arts & crafts
27 March	Junior Church closes due to school holidays

Lenten Program: Reflecting on the book of Esther

Week 1: 9 Mar – Chapters 1 & 2 (The gift of Beauty)
Week 2: 16 Mar – Chapters 3,4,5 (The gift of Favour)
Week 3: 23 Mar – Chapters 6,7,8 (The gift of Courage)
Week 4: 30 Mar – Chapters 9 & 10 (The gift of Power)

PRAYER REQUESTS

Pray for the sick or hospitalized:

Reggie Pfeiffer, India Tyers, Edith Abrahams, Crystal Bouwers, James April, Iris Hartnick, Mervyn Johnson, Frank Kennel, Monica Fry, Martin Dyers, Ellen Constant, Ellen Olivier, Mr and Mrs Conradie, Thembisa Jordan, Rita George, Rosina Scheepers and Russell Erasmus

Housebound and elderly:

Christabel Nokumbuza, Rachel Vermeulen, Breval Brown, Aletta Cloete, Freda Connolly, Brenda de Vos, Linda de Vos, Daniel & Magdalene Meyer, Joanne White, Ronald Smedley, May Rushin, Maureen Sieglar, Trevor Kleinsmith, Ellen Thompson and Sandra Fourie.

Newly Elected leaders:

Churchwardens: Ursula Jacobs & Jeremy Fredericks

Alternate Churchwarden: Nerine Meyer

Parish Councillors: Jacqueline Saal, Mervyn Johnson, Ferdinand Scharneck, Mbuyi Mhlauli, Sive Tonjeni, Nkala Mduduzi & Herman Gribble

PRAYER DIARY

MONDAY: Pray for all Christian people that as they continue their Lenten journey, it will become their way of life.

TUESDAY: Pray for the newly elected Parish Council and Church Wardens. May they serve the parish of St Saviour's with God's help and to the best of their ability.

WEDNESDAY: Pray for all war victims both in Ukraine & Russia. May God touch the hearts of those responsible for the war and those in peace talks.

THURSDAY: Pray for all priests and their families and especially for Rev. Chesnay and the parish of St Saviour's.

FRIDAY: Pray for the unemployed and all living in unsafe places.

SATURDAY: Pray for the safety of all vulnerable people especially children and the elderly.

SUNDAY: Pray that all may receive the spiritual nourishment to draw closer to God and live out His commandments.

PARISH DIRECTORY

PARISH OFFICE HOURS: MONDAY – FRIDAY, 9:00AM – 1:00PM

PARISH ADMINISTRATOR: ROZANNE FITZ

PARISH OFFICE: 021 671 8171/021 6718994

PARISH EMAIL: officestsaviours@gmail.com

PARISH WEBSITE: <https://stsaviours.weebly.com>

RECTOR

FR. CHESNAY FRANTZ: 021 674 1078/073 256 5200

EMAIL: stsaviours.rector@gmail.com

RECTOR'S DAY OFF: Friday

CURATE:

REVEREND JOHAN FERNDALE: 082 537 8324

EMAIL: johanferndale64@gmail.com

CURATE'S OFFICE HOURS: TUESDAYS 9:00am – 12:00pm

CHURCHWARDENS

Mr Jeremy Fredericks : 083 447 8911

Mrs. Ursula Jacobs: 083 740 2212

ORGANIST

Alan Clapp: 021 671 8045/083 339 4465

PARISH BANK DETAILS

STANDARD BANK

CLAREMONT

CURRENT ACCOUNT

072635703



In Christ Alone

In Christ alone my hope is found
He is my light, my strength, my song
This cornerstone, this solid ground
Firm through the fiercest drought and storm
What heights of love, what depths of peace
When fears are stilled, when strivings cease
My comforter, my all in all
Here in the love of Christ I stand

In Christ alone who took on flesh
Fullness of God in helpless babe
This gift of love and righteousness
Scorned by the ones He came to save
Till on that cross as Jesus died
The wrath of God was satisfied
For every sin on Him was laid
Here in the death of Christ I live

There in the ground His body lay
Light of the world by darkness slain
Then bursting forth in glorious day
Up from the grave He rose again
And as He stands in victory
Sin's curse has lost its grip on me
For I am His and He is mine
Bought with the precious blood of Christ

No guilt in life, no fear in death
This is the power of Christ in me
From life's first cry to final breath
Jesus commands my destiny
No power of hell, no scheme of man
Can ever pluck me from His hand
Till He returns or calls me home
Here in the power of Christ I'll stand