

5 February 2023



# ST. SAVIOUR'S

## ANGLICAN CHURCH.

DIOCESE OF CAPE TOWN.

### Fifth Sunday after the Epiphany

#### COLLECT FOR THE DAY

Jesus our Lord, you have taught us that judgement begins in the house of God: save us from our self-satisfaction, rigidity and corruption, and make us salt and light for the world; for you live and reign in the unity of the blessed Trinity, one God, for ever and ever. Amen.

#### READINGS FOR THE DAY

OT Reading : Isaiah 58: 1-9a  
(Pg 879/830)  
Psalm : 112: 1-10  
NT Reading : 1 Corinthians 2: 1-12  
(Pg 208/196)  
Gospel : Matthew 5: 13-20  
(Pg 5)

**PREACHER & PRESIDERS: Revd Chesnay Frantz**

**2023 A Year to Growth**

**MASS SETTING: ST LUKE**

**READERS: 7H30 – Esme Kennel**

**09H15- David Davids**

**LAYMINISTERS: 7H30- Gavin Pillay & Sidney Scheepers**

**09H15- Jonathan Carelse & Suzette Sampson**

#### HYMNS:

*Introit:* **AMR 3 Awake my soul**

*Gradual:* **AMR 337 Teach me, my God & King**

*Offertory:* **AMR 399 Alleluia! Sing to Jesus**

*Communion 1:* **AMR 411 Bread of heaven**

*Communion 2:* **AMR 412 O God unseen**

*Recessional:* **AMR 336 Fourth in thy name**

*Motet:* **Lord I trust thee (Handel)**

#### LECTIONARY FOR THE WEEK:

<b>Mon: 6 Feb</b>	<b>Morning Prayer</b>	Psalm: 61,62	Isaiah 58: 1-12	Galatians 6:11 –18
	<b>Evening Prayer</b>	Psalm: 63,64,65	Genesis 25:19-34	Mark 9: 30-41
<b>Tues: 7 Feb</b>	<b>Morning Prayer</b>	Psalm 66,67	Isaiah 59:1-15a	2 Timothy 1:1-14
	<b>Evening Prayer</b>	Psalm 68	Genesis 26:1-6	Mark 9:42-50
<b>Wed 8 Feb</b>	<b>Morning Prayer</b>	Psalm 69	Isaiah 59: 15b-21	2 Timothy 1:15-2:13
	<b>Evening Prayer</b>	Psalm 70,71	Genesis 27:1-29	Mark 10:1-16
<b>Thurs: 9 Feb</b>	<b>Morning Prayer</b>	Psalm 72	Isaiah 60: 1 –16	2 Timothy 2: 14-26
	<b>Evening Prayer</b>	Psalm 73	Genesis 27:30-45	Mark 10: 17-31
<b>Fri: 10 Feb</b>	<b>Morning Prayer</b>	Psalm 74	Isaiah 61: 1-9	1 Timothy 3: 1-17
	<b>Evening Prayer</b>	Psalms 75,76	Genesis 27: 46-28:4	Mark 10: 32-45
<b>Sat: 11 Feb</b>	<b>Morning Prayer</b>	Psalm: 77	Isaiah 61:10-62:5	2 Timothy 4:1-8
	<b>Evening Prayer</b>	Psalm: 78:1-38	Genesis 29: 1-20	Mark 10: 46-52

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## NOTICES

- Christian Education: A meeting will take place on Monday 5 February at 6:30pm for all leaders involved in Christian education (Sunday School, Youth, Bible Study and Confirmation) in the parish room.
- Organisation leaders: are requested to attend a meeting on Tuesday 7 February 2023 at 6:30pm with the Rector in the parish room.
- Mothers Union: will be hosting a mental health program on Saturday 11 February from 10:00am to 2:00pm in the Hall.
- Outdoor Eucharist : Sunday 12 February we will have an outdoor Eucharist in the parish gardens. Chairs will be set out but feel free to bring camping chairs.
- Layministers: Meeting will take place on Monday 13 February at 6:30pm in the church.
- Corporate Communion: AWF, Mothers Union and Men's Fellowship will be having their corporate communion on Saturday 18 February at 11:00am.
- Vestry: Will take place on Sunday 19 February after the 9:15am service. Official notice will be read on Sunday & placed on the notice board.
- Outreach: Please contact the office if you need assistance with a food parcel.
- Parish Retreat: The parish will be hosting a retreat to Carmel over the weekend of the 3 -5 November. More information to follow.
- Building and Maintenance: As a health and safety measure, scaffolding has been erected close to the West door. The West entrance will be out of bounds in conjunction with the cornered off area. Parish Council is in the process of investigating the work required to restore the bell.
- Palm Crosses: Please drop off your palm crosses of last year at the office by Sunday 19 February. These crosses are used to make the ashes for Ash Wednesday.
- Morning Prayer: Revd Chesnay says morning prayer in the Lady Chapel every Monday, Tuesday & Thursday from 8:30am till 9:00am. All welcome to join,
- Men's Fellowship Appeal: for school stationery, these items can be given to anyone from the Men's Fellowship or dropped off in the stationery box at the back of the church.

### Food Parcel – Outreach Ministry

**WEEK 2: 12 February 2023:** 1 Tin Pilchards, 1 Tin peas, 1 Tin baked beans

**WEEK 3: 19 February 2023:** 1 Macaroni (500g), 1 pkt of Jungle Oats, 1 Cooking Oil (375ml)

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## PRAYER REQUESTS

### Pray for the sick or hospitalised:

India Tyers, Edith Abrahams, Crystal Bouwers, James April, Iris Hartnick, Mervyn Johnson, Martin Dyers, Ellen Constant, Ellen Olivier, Mr and Mrs Conradie, Rita George, Rosina Scheepers, Russell Erasmus, James & Karen Vries, Alba Sophia Wippenaar, Michael Jonker, Audrey and Henry van der Vent, Judith Riffel, Sylvia Kallis, Harry Collop, Lionel and Muriel Woldson, Alex Pelston, Lydia Dickson, Lorraine Plato and Jeanette Halls.

### Housebound and elderly:

Christabel Nokumbuza, Rachel Vermeulen, Aletta Cloete, Freda Connolly, Brenda de Vos, Linda de Vos, Daniel Meyer, Joanne White, Ronald Smedley, May Rushin, Maureen Sieglar, Trevor Kleinsmith, Monica Fry, Ellen Thompson, Sandra Fourie, Mietjie George, Robina Bryant and Stella Collins.

## PRAYER DIARY

- MONDAY:** We pray for a solution to Load Shedding.
- TUESDAY:** We pray for a better economy and fuel prices.
- WEDNESDAY:** We pray for God's guidance for a successful Alpha Course.
- THURSDAY:** We pray for our neighbours.
- FRIDAY:** We pray for those who are lacking direction in life.
- SATURDAY:** We pray for Mental Health patients.
- SUNDAY:** We pray that God's healing hand be upon all who are ill.

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## PARISH DIRECTORY

### RECTOR

FR. CHESNAY FRANTZ: 021 674 1078/073 256 5200

EMAIL: stsaviours.rector@gmail.com

**RECTOR'S DAY OFF: Friday**

### CHURCHWARDENS:

Mr Jeremy Fredericks : 083 447 8911

Mrs. Ursula Jacobs : 083 740 2212

### ORGANIST & CHOIR MASTER:

Mr Alan Clapp: 021 671 8045/083 339 4465

### OFFICE:

PARISH OFFICE HOURS: MONDAY – FRIDAY,  
9:00AM – 1:00PM

PARISH ADMINISTRATOR: ROZANNE FITZ

PARISH OFFICE: 021 671 8171/021 6718994

PARISH EMAIL: officestsaviours@gmail.com

PARISH WEBSITE: <https://stsaviours.weebly.com>

### PARISH COUNCIL PORTFOLIOS:

#### FUNDRAISING:

JEREMY FREDERICKS 083 447 8911

URSULA JACOBS 083 740 2212

MDUDUZI NKALA 061 874 6435

#### OUTREACH:

MERVYN JOHNSON 076 633 7710

MBUYI MHLAULI 078 054 8460

#### BUILDING & MAINTENANCE:

FERDIE SCHARNECK 074 085 0114

HERMAN GRIBBLE 083 333 7143

#### YPM:

SIVE TONJENI 073 611 2746

#### COMMUNICATIONS:

NERINE MEYER 072 180 0592

#### ORGANISATIONS:

JACQUELINE SAAL 068 174 8326

#### ALPHA CO-ORDINATOR

SIDNEY SCHEEPERS 073 153 9279

### WEEKLY SERVICE TIMES:

#### SUNDAY:

7:30AM

SAID MASS

9:15AM

SUNG HOLY EUCHARIST

#### MONDAY:

8:30 – 9:00AM

MORNING PRAYER

#### TUESDAY:

8:30 - 9:00AM

MORNING PRAYER

#### WEDNESDAY:

9:45AM

SAID MASS

#### THURSDAY:

8:30 - 9:00AM

MORNING PRAYER

### PARISH BANK DETAILS

STANDARD BANK

CLAREMONT

CURRENT ACCOUNT

072635703

