

4 February 2024



ST. SAVIOUR'S

ANGLICAN CHURCH.

DIOCESE OF CAPE TOWN.

FIFTH SUNDAY AFTER THE EPIPHANY

COLLECT FOR THE DAY

Everlasting God, you heal the sick and restore the distressed: make us agents of your healing and wholeness, that your good news may be experienced throughout creation, through Jesus Christ our Lord; who lives and reigns with you and the Holy Spirit, one God for ever and ever.
AMEN

READINGS FOR THE DAY

1st Reading : Isaiah 40:21-31
(Pg855/807)
Psalm : 147:1-11
2nd Reading : 1 Corinthians 9:16-23
(Pg 202/214)
Gospel : Mark 1:29-39
(Pg44/41)

PREACHER & PRESIDERS: Revd Chesnay Frantz

2024: 170 years of GRACE

READERS: 7H30 – Anthea Fabing

9H15 – Ursula Jacobs

LAYMINISTERS: 7H30- Ivan Fortune

9H15 – Jonathan Carelse & Brinsley van der Vent

MASS SETTING: ST LUKE

HYMNS:

Introit: AMR 543: O Sion open wide the gate

Gradual: AMR 372: Immortal, Invisible God only wise

Offertory: AMR 219: Hail to the Lord's anointed (Omit vs 2 & 4)

Offertory 2: AMR 255: The Church's one foundation

Communion 1: AMR 402: O thou who at thy Eucharist didst pray

Communion 2: AMR 415: Faithful Shepherd feed me

Recessional: AMR 379: Now thank we all our God

LECTIONARY FOR THE WEEK:

Mon: 5 Feb	Morning Prayer	Psalm 61, 62	Genesis 25:19 - 34	Hebrews 13:1-16
	Evening Prayer	Psalm 63,64,65	Isaiah 58:1 – 12	John 7:37 - 52
Tues: 6 Feb	Morning Prayer	Psalm 66,67	Genesis 26:1-6,12-33	Hebrews 13: 17-25
	Evening Prayer	Psalm 68	Isaiah 59:1-15a	John 7:53-8:11
Wed: 7 Feb	Morning Prayer	Psalm 69	Genesis 27:1-29	Romans 12:1-8
	Evening Prayer	Psalm 70,71	Isaiah 59:15b-21	John 8:12-20
Thurs: 8 Feb	Morning Prayer	Psalm 72	Genesis 27:30-45	Romans 12:9-21
	Evening Prayer	Psalm 73	Isaiah 60:1-16	John 8:21-32
Fri: 9 Feb	Morning Prayer	Psalm 74	Genesis 27:46-28:4	Romans 13:1-14
	Evening Prayer	Psalm 75,76	Isaiah 61: 1-9	John 8:33-47
Sat: 10 Feb	Morning Prayer	Psalm: 77	Genesis 29:1-20	Romans 14:1-23
	Evening Prayer	Psalm:78:1-38	Isaiah 61:10-62:5	John 8:47-59

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NOTICES

- Passion Play: As part of marking our 170th anniversary we will be having a Good Friday production of the Passion Play. We are calling on all who are interested to please speak with Martin Dyers, 083 205-0963. Rehearsals will be on Saturdays at 9h30.
- Confirmation : Our confirmation program includes one year of Bible Study. All children turning 13 in 2024 are invited to join this program in preparation for confirmation in 2026. Registration forms are at the back of the church or contact the office.
- Baptism: Application for baptism is open. If you would like to have your child baptised, contact the office with your details as well as to set up an appointment with the Rector.
- Wednesday Services: will resume on 7 February at 9h45.
- Mothers Union: prayer meeting will start on 8 February at 16h00 in the boardroom.
- Parish Council will meet on Thursday 8 February at 19h00 in the boardroom.
- Quiet Morning: will take place on Saturday 10 February from 9h00 till 12h00 in the church gardens.
- Shrove Tuesday will be celebrated in the hall on Tuesday 13 February at 17h00.
- Ash Wednesday services will take place on Wednesday 14 February at 9h45, 13h00 and 19h00.
- Palm Crosses: Please drop off your palm crosses of last year at the office by Sunday 11 February. These crosses are used to make the ashes for Ash Wednesday.
- Lenten Program: Zacchaeus in the Sycamore Tree is our theme this lent. Join us every Wednesday during lent at 9h45, 13h00 or 19h00 as we embark on a transformative journey.
- Choir: Our parish choir practise takes place every Thursday from 18h00. All welcome
- Ministry Update: In an attempt to ensure a constant pastoral presence, the day off for the rector is on a Monday and the curate on a Friday.
- Parish Retreat: The parish will be hosting a retreat to Carmel over the weekend of 19 to 21 April. For more information, please speak to Ursula Jacobs or Rozanne in the office.
- Notices in leaflet: Please ensure that all notices to be placed in the leaflet reach the office by 10h00 on the preceding Wednesday.
- Young Adults Meal: All young adults are invited to a meal on a Wednesday 31 January at 18h00 in the Parish Room. For more information, please speak to Keegan.
- It's Bingo Time: 170th Committee is hosting a Bingo Afternoon on Saturday, 13 April 2024 in the church hall starting at 14h00. It's going to be a fun family affair. More info to follow in the next Bingo flash.

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PRAYER REQUESTS:

Pray for the sick or hospitalised:

India Tyers, Edith Abrahams, Crystal Bouwers, James April, Iris Hartnick, Mervyn Johnson, Ellen Olivier, Mr and Mrs Conradie, Rita George, Rosina Scheepers, Russell Erasmus, Alba Sophia Wippenaar, Michael Jonker, Henry van der Vent, Judith Riffel, Sylvia Kallis, Lionel and Muriel Woldson, Alex Pelston, Lorraine Plato, Jeanette Halls, Michelle Talliard, Rouvaun Smit, Edna Davids, Lynsey Jacobs, Hilton English, Fabian Castle, Jerome Fry and Neil Conrad.

Housebound and elderly:

Christabel Nokumbuza, Rachel Vermeulen, Aletta Cloete, Freda Connolly, Brenda de Vos, Linda de Vos, Daniel Meyer, Joanne White, Ronald Smedley, May Rushin, Maureen Sieglar, Monica Fry, Ellen Thompson, Sandra Fourie, Mietjie George, Stella Collins and Ellen Constant.

Birthdays this week:

4. Brinsley van der Vent
5. Carl Jeffries
6. Colin Hawkes and Ernest Fritz
8. David Davids
9. Isabella Ziyane Mashinini and Gaston Parker
10. Natalie Joshua

PRAYER DIARY:

MONDAY: Heavenly Father, we come before You, thanking You for waking us up.
Psalms 90:14 - Satisfy us in the morning with your unfailing love, that we may sing for joy and be glad all our days.

TUESDAY: We pray for Rev Chesnay and Keegan to be strong in their calling. Grant them the Wisdom, understanding and strength they need to follow in the footsteps of Jesus. Bless their families.

WEDNESDAY: We pray that you help us to be more like Jesus, who spent time in prayer and healing those in need.

THURSDAY: We ask that you guide us in our daily lives and help us to be a light to those around us.

FRIDAY: We pray for the community of our church. You have called us to be a light in the world, and we ask that you bless and strengthen our community as we seek to fulfill that calling. Help us to be a source of love, hope, and encouragement to all.

SATURDAY: Walk beside us as we endure the challenges of today. May we walk in faith and your strength.

SUNDAY: We pray for those who are sick or suffering, that they may find comfort and healing in your love.

4 February 2024

PARISH DIRECTORY

RECTOR: REVD CHESNAY FRANTZ

021 674 1078/073 256 5200

EMAIL: stsaviours.rector@gmail.com

DAY OFF: MONDAY

CURATE: Mr. KEEGAN DAVIDS

072 808 2063

EMAIL: stsaviours.curate@gmail.com

DAY OFF: FRIDAY

DIRECTOR OF MUSIC:

CHANDLER WHITE : 065 894 9644

OFFICE:

PARISH OFFICE HOURS: MONDAY – FRIDAY,
9:00AM – 1:00PM

PARISH ADMINISTRATOR: ROZANNE FITZ

PARISH OFFICE: 021 671 8171/021 6718994

PARISH EMAIL: officestsaviours@gmail.com

PARISH WEBSITE: <https://stsaviours.weebly.com>

CHURCHWARDENS:

Mr. Jeremy Fredericks : 083 447 8911

Mrs. Ursula Jacobs : 083 740 2212

PARISH COUNCIL PORTFOLIOS:

FINANCE:

JEREMY FREDERICKS 083 447 8911

FUNDRAISING:

MDUDUZI NKALA 074 964 7568

OUTREACH:

URSULA JACOBS 083 740 2212

BUILDING & MAINTENANCE:

HERMAN GRIBBLE 083 333 7143

COMMUNICATIONS:

SIVE TONJENI 073 611 2746

WORSHIP:

JONATHAN CARELSE 060 589 5372

CASSIDY SAAL 073 820 1694

ORGANISATIONS:

JACQUELINE SAAL 068 174 8326

SOCIAL RESPONSIBILITY:

JACQUES SMITH 061 496 8696

WEEKLY SERVICE TIMES:

SUNDAY:

7:30AM

SAID MASS

9:15AM

SUNG HOLY EUCHARIST

MONDAY:

8:30 – 9:00AM

MORNING PRAYER

TUESDAY:

8:30 - 9:00AM

MORNING PRAYER

WEDNESDAY:

9:45AM

SAID MASS

THURSDAY:

8:30 - 9:00AM

MORNING PRAYER

INTERCESSORS:

Monday at 9:30am

PARISH BANK DETAILS

STANDARD BANK

CLAREMONT

CURRENT ACCOUNT

072635703

