

26 February 2023



ST. SAVIOUR'S

ANGLICAN CHURCH.

DIOCESE OF CAPE TOWN.

First Sunday in Lent

COLLECT FOR THE DAY

God of mercy, Jesus found a sure defence in your word: strengthen us to persevere faithfully as we confront the temptations of life; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.
Amen.

READINGS FOR THE DAY

OT Reading : Genesis 2: 15-17,3:1-7
(Pg 2)
Psalm : 32
NT Reading : Romans 5: 12-19
(Pg 193/181)
Gospel : Matthew 4: 1-11
(Pg 4/3)

PREACHER & PRESIDERS: Revd Mcebisi Pinyana

2023 A Year to Grow

READERS: 7H30 – Anthea Fabing

9H15 - Suzette Sampson

LAYMINISTERS: 7H30- Henriette Saayman & Ivan Fortune

9H15 – Suzette Sampson & Gavin Pillay

HYMNS:

Introit: **SOF 411 O** for a heart to praise

Gradual: **SOF 19** Amazing grace

Offertory: **SOF 139** God of grace & glory

Communion 1: **SOF 200** The bread of life

Recessional: **Insert In Christ alone**

Motet: **Lead me Lord (Wesley)**

LECTIONARY FOR THE WEEK:

Mon: 27 Feb	Morning Prayer	Psalm: 19,20,21	Deuteronomy 8: 11-20	Hebrews 2:11 –18
	Evening Prayer	Psalm: 22	Genesis 37:1-11	John 2: 1-12
Tues: 28 Feb	Morning Prayer	Psalm 23,24	Deuteronomy 9:4-12	Hebrews 3:1-11
	Evening Prayer	Psalm 25	Genesis 37:12-24	John 2:13-22
Wed 1 Mar	Morning Prayer	Psalm 26,27	Deuteronomy 9:13 -21	Hebrews 3:12-19
	Evening Prayer	Psalm 28,29,30	Genesis 37:25 -36	John 2:23-3:15
Thurs: 2 Mar	Morning Prayer	Psalm 31	Deuteronomy 9:23 -10:5	Hebrews 4: 1-10
	Evening Prayer	Psalm 32,33	Genesis 39:1-23	John 3: 16-21
Fri: 3 Mar	Morning Prayer	Psalm 34	Deuteronomy 10: 12-22	Hebrews 4: 11-16
	Evening Prayer	Psalms 35	Genesis 40: 1-23	John 3: 22-36
Sat: 4 Mar	Morning Prayer	Psalm: 36	Deuteronomy 11:18-28	Hebrews 5:1-10
	Evening Prayer	Psalm: 37:1-20	Genesis 41:1-13	John 4: 1-26

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NOTICES

- **Online Bible Study:** As part of our Lenten journey for 2023 we endeavour to do an Online Bible Study. We will look at the book of Job. It will be at 19h00 on a Thursday and will last about 45 minutes. Due to the logistics involved in setting this up, we need to have an indication of how many people will be interested to join online. **Please ONLY if you plan to attend, complete the registration on the attached link.**
<https://forms.gle/ak84s4CmGPpc2ZtQ9>
- **Lenten Appeal:** For lent we are making an appeal to parishioners for monetary donations towards our Building & Maintenance Fund. We must repair the pillars at the West side of the church, it's estimated cost will be in excess of R200 000.00
- **Pastoral Care:** Should you or any family member require a pastoral visit, please notify the parish office.
- **Seniors Social Club:** will be going on a Cruz on the bay at the V&A Waterfront on Thursday 9 March. For more information please speak to Ruth and Anthea.
- **Men's Fellowship:** will be going to Citrusdal on Saturday 18 March. They will meet at the church at 8:30am and leave at 9:00am. For more information please speak to the members of the Men's Fellowship.
- **Wednesday Services:** During lent there will be 3 services: 9h45, 13h00 and 19h00.
- **Outreach:** Please contact the office if you need assistance with a food parcel.
- **Tea:** Anyone wishing to host tea in celebration of their birthday/anniversary or in memory of a loved one, please contact the office.
- **Parish Retreat:** The parish will be hosting a retreat to Carmel over the weekend of the 3 -5 November. More information to follow.
- **Building and Maintenance:** As a health and safety measure, scaffolding has been erected close to the West door. The West entrance will be out of bounds in conjunction with the cornered off area. Parish Council is in the process of investigating the work required to restore the bell.
- **Readers:** Please collect a copy of your roster on the table for March to June.
- **Lent 2023:** Our theme for the Wednesdays of Lent for 2023 is **The Eucharist: May we become what we receive**
Lent 1: The Eucharist: A space to gather.
Lent 2: The Eucharist: A sacrament of forgiveness.
Lent 3: The Eucharist: A call to love.
Lent 4: The Eucharist: A place for many.
Lent 5: The Eucharist: Bread broken, people made whole.

Food Parcel – Outreach Ministry

WEEK 4: 26 February 2023: 1 Macaroni (500g), 1 pkt of Jungle Oats, 1 Cooking Oil (375ml)

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PRAYER REQUESTS

Pray for the sick or hospitalised:

India Tyers, Edith Abrahams, Crystal Bouwers, James April, Iris Hartnick, Mervyn Johnson, Martin Dyers, Ellen Olivier, Mr and Mrs Conradie, Rita George, Rosina Scheepers, Russell Erasmus, James & Karen Vries, Alba Sophia Wippenaar, Michael Jonker, Audrey and Henry van der Vent, Judith Riffel, Sylvia Kallis, Harry Collop, Lionel and Muriel Woldson, Alex Pelston, Lorraine Plato and Jeanette Halls.

Housebound and elderly:

Christabel Nokumbuza, Rachel Vermeulen, Aletta Cloete, Freda Connolly, Brenda de Vos, Linda de Vos, Daniel Meyer, Joanne White, Ronald Smedley, May Rushin, Maureen Sieglar, Trevor Kleinsmith, Monica Fry, Ellen Thompson, Sandra Fourie, Mietjie George, Robina Bryant and Stella Collins and Ellen Constant.

Celebrating birthdays this past week:

24. Noah Frantz
16. Richard Pietersen

Celebrating birthdays this week:

26. Roslyn Johnson
27. Ziha Parker
28. Ellen Constant
1 Mar. Anthea Fabing

PRAYER DIARY

- MONDAY:** Lord, help us to remember that we depend on you for all the blessings we enjoy.
- TUESDAY:** Father, strengthen our spiritual muscles to resist temptation and not give in.
- WEDNESDAY:** Lord, trade the ashes of our lives for the beauty of Your presence, and let Your spirit shine in us.
- THURSDAY:** Father God, help us to know that improving our prayer life during Lent starts with the desire to improve our prayer life during Lent.
- FRIDAY:** Heavenly Father, forgive us for “missing the mark”. Give us strength to follow your call better.
- SATURDAY:** Lord, give our church leaders strength at this Lenten time to guide us in the way of Your teaching.
- SUNDAY:** We pray for God’s blessings on all the organisations of the church.

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PARISH DIRECTORY

RECTOR

FR. CHESNAY FRANTZ: 021 674 1078/073 256 5200

EMAIL: stsaviours.rector@gmail.com

RECTOR'S DAY OFF: Friday

CHURCHWARDENS:

Mr Jeremy Fredericks : 083 447 8911

Mrs. Ursula Jacobs : 083 740 2212

ORGANIST & CHOIR MASTER:

Mr Alan Clapp: 021 671 8045/083 339 4465

OFFICE:

PARISH OFFICE HOURS: MONDAY – FRIDAY,
9:00AM – 1:00PM

PARISH ADMINISTRATOR: ROZANNE FITZ

PARISH OFFICE: 021 671 8171/021 6718994

PARISH EMAIL: officestsaviours@gmail.com

PARISH WEBSITE: <https://stsaviours.weebly.com>

PARISH COUNCIL PORTFOLIOS:

FUNDRAISING:

JEREMY FREDERICKS 083 447 8911

URSULA JACOBS 083 740 2212

MDUDUZI NKALA 061 874 6435

OUTREACH:

MERVYN JOHNSON 076 633 7710

MBUYI MHLAULI 078 054 8460

BUILDING & MAINTENANCE:

FERDIE SCHARNECK 074 085 0114

HERMAN GRIBBLE 083 333 7143

YPM:

SIVE TONJENI 073 611 2746

COMMUNICATIONS:

NERINE MEYER 072 180 0592

ORGANISATIONS:

JACQUELINE SAAL 068 174 8326

ALPHA CO-ORDINATOR

SIDNEY SCHEEPERS 073 153 9279

WEEKLY SERVICE TIMES:

SUNDAY:

7:30AM SAID MASS

9:15AM SUNG HOLY EUCHARIST

MONDAY:

8:30 – 9:00AM MORNING PRAYER

TUESDAY:

8:30 - 9:00AM MORNING PRAYER

WEDNESDAY:

9:45AM SAID MASS

THURSDAY:

8:30 - 9:00AM MORNING PRAYER

INTERCESSORS:

Monday at 10:00am

PARISH BANK DETAILS

STANDARD BANK

CLAREMONT

CURRENT ACCOUNT

072635703

