



# ST. SAVIOUR'S

This past Wednesday, we embarked on our Lenten journey, a time of dedicated Prayer, Fasting, and Alms Giving. For us at St. Saviour's it will be a journey toward **HEALING and WHOLENESS**.

On Ash Wednesday, we spent time reflecting on the gift to REMEMBER and more importantly the wonderful opportunity Lent offers us to RE-MEMBER. For when we **REMEMBER** and **RE-MEMBER** we are able to look back at the past in love but we are also challenged to look forward to the future with HOPE.

Holy Scripture has a beautiful way of bringing the past and the future into perspective for us, and one such piece of Scripture is the book of Psalms. As a means of distinguishing between the days of Lent and *SUNDAYS IN LENT*, we will use the psalms set for the Sunday Eucharist as the primary text for our reflections for Sundays in Lent.

This week our Psalm invites us to reflect on the PATHS we are faced with, and the choices we must make when we face paths which inevitably diverge and go on different routes. Many of us journey on a path that sometimes intersect with the paths of others and the journey is either enhanced by this or challenged by it.

The Sundays in Lent offer us this unique experience of our Lenten journey intersecting with the resurrection journey. Sunday is the day of the resurrection, and so even on our Lenten journey, we are called to celebrate the gift of the resurrection on Sunday's. As we hold our Lenten disciplines and Sunday celebrations in tension, we are reminded that we are indeed on a journey with God, and it's a life-giving journey. As we are called to allow our paths to be as close to the path of Jesus Christ as possible, a Jesus who lived His life for others.

Let us choose our paths afresh and anew and may we be open to where the journey with God leads us as a Parish Community.

May the days ahead be filled with GRACE, LOVE and JOY.

Stay safe.

God bless.

Fr. Chesnay Frantz(RECTOR)

# PRAYER REQUESTS

## **Pray for the sick or hospitalised**

Mervyn Bost, Trevor Kleinsmith, Zara Osbourne, Edith Abrahams, Sandra Fourie, Joyce Erasmus, Crystal Bouwers, James April, Iris Hartnick, Mervyn Johnson, Frank Kennel, Monica Fry, Muriel Tshitshiba and Martin Dyers.

## **Housebound and elderly:**

Christabel Nokumbuza, Rachel Vermeulen, Evan Brink, Breval Brown, Aletta Cloete, Freda Connelly, Brenda de Vos, Linda de Vos, Constant Eckardt, Joyce Hiebner, Edith Lekay, Daniel & Magdalene Meyer, Lionel & Muriel Woldson, Joanne White, Ronald Smedley and May Rushin

# BIRTHDAYS

## **Prayers for those with Birthdays and Anniversaries this week.**

*We pray and celebrate with those who have birthdays this week:*

28 Feb	Ellen Constant, Ashley Wilton
29 Feb/1Mar Golden	Denise Abrahams(29 Feb) Anthea Fabing, Kelley
2 Mar	Bernard Conradie, Connor Voges
3 Mar	Grant Reines
4 Mar	Yvonne Rich
5 Mar	Pamela Fortune, Monica Fry, Stephen Jacobs
6 Mar	Stacie Brink, Rachel Campbell, Nakita Wyngaard

**“May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.” -Romans 15:13**

## HYMNS AT 09H15 – AMR

Introit:	92	Forty Days and forty nights
Gradual	94	Lord, in this thy mercy's day
Offertory	91	Christian, dost thou see them
Communion 1:	409	Bread of the world in mercy broken
	2: 412	O God, unseen yet ever near
Recessional:	333	Take up thy cross, the Saviour said

## READERS

*07H30 – Anthea Fabing*

*09H15 – Kristen Fabing*

## LAYMINISTER

*07H30 – Brendan Brown*

*09H15 Herby Halls*

## READINGS OF THE DAY

OT Reading:           Genesis 9: 8-17

Psalm:                 Psalm 25: 1-10

NT Reading:           1 Peter 3: 18-22

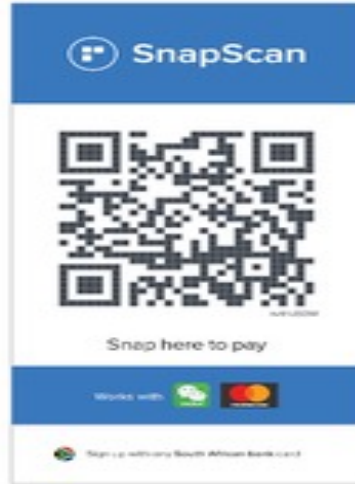
Gospel:                Mark 1: 9-15

## COLLECT OF THE DAY

God of our salvation,  
 your bow in the clouds  
 proclaims your covenant with every  
 living creature:  
 grant us your Spirit,  
 renew us in our baptism,  
 and make us faithful stewards of your  
 creation;  
 through Jesus Christ our Lord,  
 who lives and reigns with you and the  
 Holy Spirit,  
 one God, now and for ever.  
 Amen

## PARISH BANK DETAILS

STANDARD BANK  
CLAREMONT  
CURRENT ACCOUNT  
072 635 703



## PARISH DIRECTORY

PARISH OFFICE: 021 671 8171/021 6718994    RECTOR: 021 674 1078/073 256 5200

PARISH EMAIL:  
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stsaviours.weebly.com](https://stsaviours.weebly.com)

CHURCHWARDENS:  
Dr. Michael Jonker (082 891 4746)  
Mrs. Ursula Jacobs (083 740 2212)

## LECTIONARY FOR THE WEEK

READINGS FOR THE WEEK		
<p><b>MON 22 FEB</b></p> <p><b>Morning Prayer:</b> Psalms 19, 20, 21 Deuteronomy 8:11-20 Hebrews 2:11-18</p> <p><b>Evening Prayer:</b> Psalm 22 Genesis 37:1-11 John 2:1-1</p>	<p><b>WED 24 FEB Ember Day.</b></p> <p><b>Morning Prayer:</b> Psalms 26, 27 Deuteronomy 9:13-21 Hebrews 3:12-19</p> <p><b>Evening Prayer:</b> Psalms 28, 29, 30 Genesis 37:25-36 John 2:23-3:15</p>	<p><b>FRI 19 FEB Ember Day.</b></p> <p><b>Morning Prayer:</b> Psalm 34 Deuteronomy 10:12-22 Hebrews 4:11-16</p> <p><b>Evening Prayer:</b> Psalm 35 Genesis 40:1-23 John 3:22-36</p>
<p><b>TUE 23 FEB † Polycarp, Bishop of Smyrna and Martyr, 156</b></p> <p><b>Morning Prayer:</b> Psalms 23, 24 Deuteronomy 9:4-12 Hebrews 3:1-11</p> <p><b>Evening Prayer:</b> Psalm 25 Genesis 37:12-24 John 2:13-22</p>	<p><b>THU 25 FEB</b></p> <p><b>Morning Prayer:</b> Psalm 31 Deuteronomy 9:23-10:5 Hebrews 4:1-10</p> <p><b>Evening Prayer:</b> Psalms 32, 33 Genesis 39:1-23 John 3:16-21</p>	<p><b>SAT 27 FEB † George Herbert, Priest, 1632</b></p> <p><b>Morning Prayer:</b> Psalm 36 Deuteronomy 11:18-28 Hebrews 5:1-10</p> <p><b>Evening Prayer:</b> Psalm 37:1-20 Genesis 41:1-13 John 4:1-2</p>

## NOTICES

- ❖ The Parish office now open; Monday-Friday 09h00-15h00.
- ❖ The Church will be open for in person worship as of Sunday 14 February 2021. We continue with 2 services on a Sunday and a Wednesday morning Eucharist. For Lent we will also have a Wednesday evening Eucharist, at 19h30.
- ❖ If you would like to be added to the Parish WhatsApp group, please send a message to the Rector (073 256 5200) or Nerine Meyer (072 180 0592).
- ❖ Pledge Envelopes – Parishioners wanting Pledge Envelopes for 2021 must please call the office on 021 671 8171. Pledge Envelopes will be at the back of the church for collection.
- ❖ Due to COVID 19 and in protecting our community, we are only allowed 50 people including Clergy and Altar party. Please call the office to reserve your place on a Sunday morning 07h30 & 09h15 or Wednesday morning 09h45 or 19h30 in the evening on 021 671 8171.