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# ST. SAVIOUR'S

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Dear Friends and Family of St. Saviour's. Greetings!

As I write this note this week, I am midway through a weeklong clergy retreat, a silent retreat, hence, this week's note is in the form of a daily personal reflection.

## Daily reflection

This morning, after 2 days on a silent retreat, I woke up to the stark realisation that for the first time in what seems to be 3 years at least, I had a dream whilst sleeping. This was nothing spiritual - it was not some kind of vision: it was simply a dream. Maybe medicine and science have a way of explaining it, but for me, taking it on face value, it was a great teaching experience.

Upon reflecting on this, I realise that for the last 3 years I have probably either been way too busy, way too tired, or both, that when I lay my head down on my pillow to sleep, I would simply do just that: sleep. This sleep would be interrupted by an alarm or Noah crying and then lead to a flurry of things which I suddenly remembered I needed to do or forgot to do. Of late I have even slept through Noah's cries.

To dream, as I have now come to experience, calls on us to be at peace, to be calm, and simply to enjoy the moment. I always had this image that being busy, hard at work enables the dream to come alive but upon reflecting on how long ago I had an actual dream, the question is: what am I busy with?

So, if I am wanting to bring a dream to life, I would first need to stop, rest and pray, then allow myself to enter the space where I am actually able to dream and then get to working towards that dream, otherwise all I am doing is being a hamster on a running wheel, going nowhere.

This has been a beautiful and holy moment! May I remember the gift of rest and how it invites me to a space where I can dream.

God Bless.

Fr. Chesnay Frantz

## READERS

07h30 – Pam Fortune

09h15 – Jarred Carelse

## LAYMINISTERS

07h30 – Henriette Saayman

09h15 – Herby Halls

## READINGS OF THE DAY

**OT Reading:** Ruth 3:1-5; 4:13-17

**Psalm:** 127

**NT Reading:** Hebrews 9:24-28

**Gospel:** Mark 12: 38-44

## COLLECT

God of compassion and grace, your concern for widows and strangers is from of old: stand among us in Christ and give us generous hearts to care for those whom the world passes by; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

## HYMNS

Introit:	HHT 72	O Day of God draw nigh
Offertory:	HHT 3	All my hope on God is founded
Communion 1:	SOF 303	Jesus, Stand among us
Recessional:	HHT 23	Father, Lord of all creation

## NOTICES

- ❖ Communication: If you would like to be added to the Parish WhatsApp group or Parish Prayer group, please send a message to Nerine (072 180 0592).
- ❖ Sunday School: Will meet this morning in the Hall.
- ❖ Parish Picnic: Will take place on Sunday 14 November 2021 in the Parish Garden after the 9:15am service.
- ❖ Contemplative Prayer: Every Tuesday morning at 09h00AM - 09h30AM.
- ❖ Fundraiser: Morning Market will take place on Saturday 13 November 2021. Coupon booklets to the value of R50.00 each are on sale this morning. Booklets can be purchased from Ursula Jacobs, Michael Jonker and the office weekdays.
- ❖ Pledge: When paying your pledge via EFT, in a pledge envelope in church or Snapscan, please use your pledge number as reference.
- ❖ New Pledge numbers: Can be obtained from the office.
- ❖ Pledge Statements: Should you want a copy of your pledge statement for 2021, please e-mail: **stsavioursfinance@gmail.com**.
- ❖ Membership Forms: if any details need to be updated, please complete a membership form which is at the back of the Church, or a copy can be obtained from the office.
- ❖ Empty Jars: Please bring along your empty peanut butter jars or any other jars for Mrs Judith Riffel for her delicious preserves in aid of the Morning Market.
- ❖ Readers Roster: All readers please collect a copy of the roster for the month of November at the back of the church.
- ❖ Pantry Cupboard: Please bring non-perishables and drop off in the food basket on a Sunday.
- ❖ Clergy Retreat: Revd. Chesnay Frantz will be away from Monday 1 November - Monday 8 November 2021. For urgent matters please call the Church Wardens or Parish office



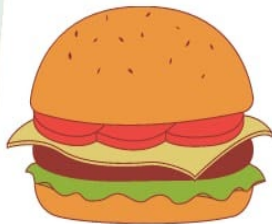
## St. Saviour's, Claremont Morning Market

Saturday, 13 November

Coupon booklets - to the value of R50.00 -  
can be purchased from Ursula Jacobs, Michael Jonker  
and the Parish office

Telephone: 021 671 8171/ 021 6718994

Email: [officestsaviours@gmail.com](mailto:officestsaviours@gmail.com)



## LECTIONARY FOR THE WEEK

<b>READINGS FOR THE WEEK</b>		
<p><b>MONDAY 8 NOVEMBER</b></p> <p>✠ <b>MARTYRS AND CONFESSORS OF OUR TIME</b></p> <p><b>Morning Prayer:</b></p> <p>Psalm 103</p> <p>Nehemiah 9:1-15</p> <p>Revelation 18: 1-8</p> <p><b>Evening Prayer:</b></p> <p>Psalm 104</p> <p>Joel 1:1-14</p> <p>Matthew 15:1-20</p>	<p><b>WEDNESDAY 10 NOVEMBER</b></p> <p>✠ <b>Leo the Great, Bishop of Rome and Teacher of the faith, 461</b></p> <p><b>Morning Prayer:</b></p> <p>Psalm 104:1-24</p> <p>Nehemiah 7:73b—8:3, 5-18</p> <p>Revelation 18:21-24</p> <p><b>Evening Prayer:</b></p> <p>Psalm 106: 25-50</p> <p>Joel 2:12-19</p> <p>Matthew 15:29-39</p>	<p><b>FRIDAY 12 NOVEMBER</b></p> <p>✠ <b>Charles Simeon, Priest, 1836</b></p> <p><b>Morning Prayer:</b></p> <p>Psalm 108, 109</p> <p>1 Maccabees 1:41—64</p> <p>Revelation 19:11-16</p> <p><b>Evening Prayer:</b></p> <p>Psalm 110, 111, 112</p> <p>Joel 2: 28—3:8</p> <p>Matthew 16:13-20</p>
<p><b>TUESDAY 9 NOVEMBER</b></p> <p><b>Morning Prayer:</b></p> <p>Psalm 105: 1-22</p> <p>Nehemiah 9:26-38</p> <p>Revelation 18:9-20</p> <p><b>Evening Prayer:</b></p> <p>Psalm 105:23-45</p> <p>Joel 1:15-2:2</p> <p>Matthew 15:21-28</p>	<p><b>THURSDAY 11 NOVEMBER</b></p> <p>✠ <b>Martin, Bishop of Tours 397</b></p> <p><b>Morning Prayer:</b></p> <p>Psalm 107: 1-22</p> <p>1 Maccabees 1:1-28</p> <p>Revelation 19:1-10</p> <p><b>Evening Prayer:</b></p> <p>Psalm 107:23-43</p> <p>Joel 2:21-27</p> <p>Matthew 16:1-12</p>	<p><b>SATURDAY 13 NOV</b></p> <p><b>Morning Prayer:</b></p> <p>Psalms 113, 114</p> <p>1 Maccabees 2: 1-28</p> <p>Revelation 20: 1—6</p> <p><b>Evening Prayer:</b></p> <p>Psalm 115</p> <p>Joel 3:9-17</p> <p>Matthew 16:21—28</p>

## PRAYER REQUESTS

### Matriculants:

Casey-Lee Saal, Kristen Fabing, Hannah Gomez, Kiona Pfeiffer, Jayden Peskin, Mia Rose Ah-Sing, Lisa van der Merwe, Caitlyn Riffel, Stephen Jacobs

### Pray for the sick or hospitalized:

Reggie Pfeiffer, India Tyers, Edith Abrahams, Sandra Fourie, Crystal Bouwers, James April, Iris Hartnick, Mervyn Johnson, Frank Kennel, Monica Fry, Martin Dyers, Ellen Constant, Maureen Le Fleur, Ellen Olivier, Mr and Mrs Conradie and Ms Thembisa Jordan

### Housebound and elderly:

Christabel Nokumbuza, Rachel Vermeulen, Breval Brown, Aletta Cloete, Freda Connolly, Brenda de Vos, Linda de Vos, Joyce Hiebner, Edith Lekay, Daniel & Magdalene Meyer, Joanne White, Ronald Smedley, May Rushin, Maureen Sieglar, Trevor Kleinsmith and Ellen Thompson.

## PRAYER DIARY

**MONDAY:** As we step into this new week, may it be a week overflowing with abundant blessings.

**TUESDAY:** We pray that God gives us strength, wisdom and knowledge to stay positive.

**WEDNESDAY:** We pray for Fr Chesnay, his family and everybody who is involve in the work of Jesus.

**THURSDAY:** Dear Lord, please grant us the ability to speak kindly, respond gently and at times to hold our tongue.

**FRIDAY:** May the God of hope fill us with Joy, Peace and may the Love and Grace of God abound in us & to our family.

**SATURDAY:** We pray for a successful Mini Market Day where we can socialize and connect with one another. Please bless us abundantly Lord.

**SUNDAY:** We live for you, Lord! Let us run with endurance the race that is set before us.

# PARISH BANK DETAILS

STANDARD BANK

CLAREMONT

CURRENT ACCOUNT

072635703



# PARISH DIRECTORY

PARISH OFFICE HOURS: MONDAY – FRIDAY, 9:00AM – 1:00PM

PARISH ADMINISTRATOR: ROZANNE FITZ

PARISH OFFICE: 021 671 8171/021 6718994

PARISH EMAIL: [officestsaviours@gmail.com](mailto:officestsaviours@gmail.com)

PARISH WEBSITE: <https://stsaviours.weebly.com>

## RECTOR

CHESNAY FRANTZ: 021 674 1078/073 256 5200

EMAIL: [stsaviours.rector@gmail.com](mailto:stsaviours.rector@gmail.com)

RECTOR'S DAY OFF: Friday

## CHURCHWARDENS

Dr. Michael Jonker: 082 891 4746

Mrs. Ursula Jacobs: 083 740 2212

## ORGANIST

Alan Clapp: 021 671 8045/083 339 4465