



# ST. SAVIOUR'S

Dear Family, Friends and Parishioners

Greetings.

This week has been one of those weeks marred by messages of death, illness and families struggling with grief and loss. Social media is awash with 'RIP' messages and live streamed services of funerals. This is not NORMAL, we are not used to having to navigate constant sadness, sorrow, and despair. We have been created for goodness and have become accustomed to lives of goodness. I recall in March last year, many of us prepared for 21 days of Lockdown and then everything will be back to normal, here we are more than 500 days into lockdown, and we are further away from normal than we ever were. Whilst many of us try to adapt to this new way of being, one cannot help but be mindful of the many who will never be able to get past these traumatic moments.

It is in our Gospel reading for today, that we find hope- a Jesus who offers all of himself to each of us, a Jesus who invites us to consume that which he is, not for the benefit of Christ, but for our benefit, so that we may enjoy the gift of eternal life. Our lives have been consumed by negativity over the last while. Let us use this seminal moment to reflect on what it is that we are consuming. How much of what we are consuming is JESUS?

This past Wednesday, at our midweek Eucharist, I reflected on the words of that Gospel song; HEART OF WORSHIP. A gentle reminder that at the heart of all we do ought to be Jesus. The chorus reads as follows;

*I'm coming back to the heart of worship  
And it's all about You  
It's all about You, Jesus  
I'm sorry, Lord, for the thing I've made it  
When it's all about You  
It's all about You, Jesus*

As we find ways of worshipping differently, may we always have at the heart of it, the desire of consuming Jesus, the deep longing to make all we do about Jesus, this is what our faith calls us too, in times such as these, to get back to the heart of worship.

God Bless. Stay safe. Sanitise. Wear your mask. Avoid large gatherings.

Fr. Chesnay Frantz

## READERS

07h30 – *Ruth Fry-Snyders*

09h15 – *James Smith*

## LAYMINISTERS

07h30 – *Henriette Saayman*

09h15 – *Kenny Daniels*

## READINGS OF THE DAY

**OT Reading**                      **1 Kings 2: 10 – 12: 3: 3- 14**

**Psalms:**                              **111**

**NT Reading:**                      **Ephesians 5: 15-20**

**Gospel:**                              **John 6: 51-58**

## COLLECT OF THE DAY

Lord Jesus Christ, you are the Living Bread: nourish us with your life that we will understand your truth and recognize your presence among us; for you live and reign with the Father and the Holy Spirit, one God, for ever and ever. Amen.

## HYMNS

|              |         |                                   |
|--------------|---------|-----------------------------------|
| Introit:     | AMR 3   | Awake my soul, and with the sun   |
| Offertory    | AMR 309 | O God of truth, whose living word |
| Communion 1: | SOF 303 | Jesus stand among us              |
| 2:           | SOF 357 | Lord Jesus Christ                 |
| Recessional: | SOF 619 | Ye holy angels bright             |

## NOTICES

- ❖ **The Parish office hours: Monday-Friday; 09h00-13H00.**
- ❖ Communication: If you would like to be added to the Parish WhatsApp group, please send a message to Nerine (072 180 0592).
- ❖ Parish Prayer Group: A parish prayer group has been created via WhatsApp. Its purpose is to facilitate prayer requests for our parish family and invites us to keep praying as a community for those who need our prayers most.  
<https://chat.whatsapp.com/JfZT7zQ2ecr6CiqDRhxcXi>
- ❖ Weekly Evening Prayer: We will meet on Wednesday online at 18h00 for evening prayer as a Parish, on ZOOM.  
[https://us05web.zoom.us/j/84520873818?pwd=S3dBWEpRdDJVejV  
PN1pkWFc3NEkydz09](https://us05web.zoom.us/j/84520873818?pwd=S3dBWEpRdDJVejV PN1pkWFc3NEkydz09)  
  
Meeting ID: 845 2087 3818  
Passcode: Church
- ❖ Memorial stones in relation to interment of ashes in the unmarked open area: Please contact the parish office before ordering a memorial stone for this area as there are limitations on the size permitted.
- ❖ Baptism: Baptism applications are now open. However, due to COVID-19 and the many protocols in place, if you would like to have your child baptised, contact the office with your details as well as to set up an appointment with the Rector.

## LECTIONARY FOR THE WEEK

| <b>READINGS FOR THE WEEK</b>  |   |  |
|---|---|--|
| <p><b>MONDAY 16 AUGUST</b><br/> <b>† ST MARY THE VIRGIN</b></p> <p><b>Morning Prayer:</b><br/>           Psalms 35<br/>           2 Samuel 17: 24-18:8<br/>           Acts 22: 30-23:11</p> <p><b>Evening Prayer:</b><br/>           Psalms 36<br/>           Judges 17: 1-13<br/>           Mark 11: 12-26</p> | <p><b>WEDNESDAY 18 AUGUST</b></p> <p><b>Morning Prayer:</b><br/>           Psalms 38<br/>           2 Samuel 18: 19-33<br/>           Acts 23: 13-27</p> <p><b>Evening Prayer:</b><br/>           Psalms 23, 24<br/>           Judges 13: 15 – 24<br/>           Mark 10: 17 – 31</p> | <p><b>FRIDAY 20 AUGUST</b><br/> <b>† BERNARD OF CLAIRVAUX, RELIGIOUS, 1153</b></p> <p><b>Morning Prayer:</b><br/>           Psalm 44<br/>           2 Samuel 19: 24– 43<br/>           Acts 24: 24-25:12</p> <p><b>Evening Prayer:</b><br/>           Psalms 45, 46<br/>           Job 2: 1-13<br/>           Mark 12: 35-44</p> |
| <p><b>TUESDAY 17 AUGUST</b></p> <p><b>Morning Prayer:</b><br/>           Psalm 37:1-20<br/>           2 Samuel 18: 9-18<br/>           Acts 23: 12-24</p> <p><b>Evening Prayer:</b><br/>           Psalms 37:21-41<br/>           Judges 18: 1-15<br/>           Mark 11: 27-12:12</p>                          | <p><b>THURSDAY 19 AUGUST</b></p> <p><b>Morning Prayer:</b><br/>           Psalms 40, 41<br/>           2 Samuel 19: 1-23<br/>           Acts 24: 1-23</p> <p><b>Evening Prayer:</b><br/>           Psalms 42, 43<br/>           Job 1: 1-22<br/>           Mark 12: 28-34</p>         | <p><b>SATURDAY 21 AUGUST</b></p> <p><b>Morning Prayer:</b><br/>           Psalms 47, 48<br/>           2 Samuel 23: 1-7, 13-17<br/>           Acts 25: 13-27</p> <p><b>Evening Prayer:</b><br/>           Psalms 49<br/>           Job 3: 1-13<br/>           Mark 13: 1-13</p>  |

## PRAYER REQUESTS

### Pray for the sick or hospitalized:

Audrey Collop, Reggie Pfeiffer, Samantha Frantz, India Tyers, Mervyn Bost, Edith Abrahams, Sandra Fourie, Crystal Bouwers, James April, Iris Hartnick, Mervyn Johnson, Frank Kennel, Monica Fry, Muriel Tshitshiba, Martin Dyers, Derek Jacobs, Jo Tyers, Ellen Constant, Edward Davids

### Housebound and elderly:

Christabel Nokumbuza, Rachel Vermeulen, Breval Brown, Aletta Cloete, Freda Connelly, Brenda de Vos, Linda de Vos, Joyce Hiebner, Edith Lekay, Daniel & Magdalene Meyer, Joanne White, Ronald Smedley, May Rushin, Maureen Sieglar and Trevor Kleinsmith.

## PRAYER DIARY

**MONDAY:** Lord please go before us this week and make every crooked path straight.

**TUESDAY:** We pray for a canopy of protection over ourselves and our loved one.

**WEDNESDAY:** Lord, please help us to remember what a difference it makes when we make the time with You a priority in the morning.

**THURSDAY:** We pray for St Saviour's Church and it's community. Please be with Fr. Chesnay and his family, lead and guide the leaders in the Church to do Your will.

**FRIDAY:** Dear Lord, we lift up all those who are facing illness. We ask that You would bring healing, comfort and peace to their bodies.

**SATURDAY:** God, please enlighten our mind with truth, inflame our hearts with love and inspire our will with courage.

**SUNDAY:** Lord Jesus, you are the bread of life. Sustain us, O Lord, keep us in Your grace.

*"I am the bread that came down from heaven". John 6: 41*

# PARISH BANK DETAILS

STANDARD BANK

CLAREMONT

CURRENT ACCOUNT

072635703



# PARISH DIRECTORY

PARISH OFFICE: 021 671 8171/021 6718994

PARISH EMAIL: [officestsaviours@gmail.com](mailto:officestsaviours@gmail.com)

PARISH WEBSITE: <https://stsaviours.weebly.com>

## RECTOR

CHESNAY FRANTZ: 021 674 1078/073 256 5200

EMAIL: [stsaviours.rector@gmail.com](mailto:stsaviours.rector@gmail.com)

RECTOR'S DAY OFF: Friday

## CHURCHWARDENS

Dr. Michael Jonker (082 891 4746)

Mrs. Ursula Jacobs (083 740 2212)

## ORGANIST

Alan Clapp (021 671 8045)