

19 February 2023



ST. SAVIOUR'S

ANGLICAN CHURCH.

DIOCESE OF CAPE TOWN.

Transfiguration Sunday

COLLECT FOR THE DAY

Holy God, on the Mount of Transfiguration you revealed your Son as the Christ: transform our lives in his image, write your law of love on our hearts, and make us prophets of your shining splendour; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, in glory everlasting.
Amen.

READINGS FOR THE DAY

OT Reading : Exodus 24: 12-18
(Pg 88/94)
Psalm : 2
NT Reading : 2 Peter 1: 16-21
(Pg 298/280)
Gospel : Matthew 17: 1-9
(Pg 21/23)

PREACHER & PRESIDERS: Revd Chesnay Frantz

2023 A Year to Grow

READERS: 7H30 – Esme Kennel 9H15 - Errol Steenkamp

LAYMINISTERS: 7H30- Sidney Scheepers & Brendan Brown 9H15 –Ursula Jacobs & Jonathan Carelse

HYMNS:

Introit: AMR 560 Tis good Lord to be here *Gradual:* SOF 129 God forgave my sin

Offertory: SOF 21 And can it be *Communion 1:* SOF 330 Let us break bread

Communion 2: SOF 329 Let there be love *Recessional:* SOF 395 My God how wonderful

Motet: Christ whose glory fills the skies (Knight)

LECTIONARY FOR THE WEEK:

Mon: 20 Feb	Morning Prayer	Psalm: 1,2,3	Deuteronomy 6: 10-15	Hebrews 1:1 –14
	Evening Prayer	Psalm: 4,5,6	Proverbs 27:1-12	John 1: 1-18
Tues: 21 Feb	Morning Prayer	Psalm 7,8	Deuteronomy 6:16-25	Hebrews 2:1-10
	Evening Prayer	Psalm 9	Proverbs 30:1-14	John 1:19-28
Wed 22 Feb	Morning Prayer	Psalm 32, 143	Jonah 3: 1-4:11	Hebrews 12:1-14
	Evening Prayer	Psalm 102,130	Amos 5:6-15	Luke 18:9-14
Thurs: 23 Feb	Morning Prayer	Psalm 10, 11	Deuteronomy 7: 6 –11	Titus 1: 1-16
	Evening Prayer	Psalm 12,13,14	Habakkuk 3:1-18	John 1: 29-34
Fri: 24 Feb	Morning Prayer	Psalm 15,16	Deuteronomy 7: 6-11	Titus 1: 1-16
	Evening Prayer	Psalms 15,16	Deuteronomy 7: 12-16	Titus 2: 1-15
Sat: 25 Feb	Morning Prayer	Psalm: 18:1-31	Deuteronomy 7:17-26	Titus 3:1-15
	Evening Prayer	Psalm: 18:32-52	Ezekiel 39:21-29	John 1: 43-51

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NOTICES

- Online Bible Study: As part of our Lenten journey for 2023 we endeavour to do an Online Bible Study. We will look at the book of Job. It will be at 19h00 on a Thursday and will last about 45 minutes. Due to the logistics involved in setting this up, we need to have an indication of how many people will be interested to join online. **Please ONLY if you plan to attend, complete the registration on the attached link.**

<https://forms.gle/ak84s4CmGPpc2ZtQ9>

- Lenten quiet morning: On Saturday 25 February we will have a quiet morning in our Parish Gardens, from 8h30 – 12h00. Bring along a Bible, notebook, pen and some crayons/colouring pencils, as well as any refreshments you wish to enjoy. This is a space where we can all gather and spend some time in reflection and prayer, seeking Gods guidance for our personal Lenten journey. Revd Chesnay will conduct the quiet morning and the theme will be: The Image of God.
- Shrove Tuesday: Join us in the parish hall for pancakes from 18h00 on Tuesday 21 February.
- Vestry: Will take place this Sunday after the 9:15am service.
- Ash Wednesday Services: There will be 3 services on Ash Wednesday and the times are 9h45, 13h00 and 19h00
- Outreach: Please contact the office if you are in need of assistance with a food parcel.
- Tea: Anyone wishing to host tea in celebration of their birthday/anniversary or in memory of a loved one, please contact the office.
- Parish Retreat: The parish will be hosting a retreat to Carmel over the weekend of the 3 -5 November. More information to follow.
- Building and Maintenance: As a health and safety measure, scaffolding has been erected close to the West door. The West entrance will be out of bounds in conjunction with the cornered off area. Parish Council is in the process of investigating the work required to restore the bell.
- Morning Prayer: Revd Chesnay says morning prayer every Monday, Tuesday & Thursday in the church from 8:30am till 9:00am. All welcome to join,
- Lent 2023: Our theme for the Wednesdays of Lent for 2023 is; **The Eucharist: May we become what we receive**
Lent 1: The Eucharist: A space to gather.
Lent 2: The Eucharist: A sacrament of forgiveness.
Lent 3: The Eucharist: A call to love.
Lent 4: The Eucharist: A place for many.
Lent 5: The Eucharist: Bread broken, people made whole.

Food Parcel – Outreach Ministry

WEEK 3: 19 February 2023: 1 Tin Pilchards, 1 Tin peas, 1 Tin baked beans

WEEK 4: 26 February 2023: 1 Macaroni (500g), 1 pkt of Jungle Oats, 1 Cooking Oil (375ml)

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PRAYER REQUESTS

Pray for the sick or hospitalised:

India Tyers, Edith Abrahams, Crystal Bouwers, James April, Iris Hartnick, Mervyn Johnson, Martin Dyers, Ellen Olivier, Mr and Mrs Conradie, Rita George, Rosina Scheepers, Russell Erasmus, James & Karen Vries, Alba Sophia Wippenaar, Michael Jonker, Audrey and Henry van der Vent, Judith Riffel, Sylvia Kallis, Harry Collop, Lionel and Muriel Woldson, Alex Pelston, Lorraine Plato and Jeanette Halls.

Housebound and elderly:

Christabel Nokumbuza, Rachel Vermeulen, Aletta Cloete, Freda Connolly, Brenda de Vos, Linda de Vos, Daniel Meyer, Joanne White, Ronald Smedley, May Rushin, Maureen Sieglar, Trevor Kleinsmith, Monica Fry, Ellen Thompson, Sandra Fourie, Mietjie George, Robina Bryant and Stella Collins and Ellen Constant.

Celebrating birthdays this week:

- 15. Avril Swartz
- 16. Andre Ward
- 19. Averil Samuels

PRAYER DIARY

- MONDAY:** Worship is living the principle of Christ in everything we do. We are worshipping God by what we do all week long. Come into his gates with thanksgiving and into his courts with praise
- TUESDAY:** We need to simply to sit still and open our heart to the council of God then we will be well prepared for whatever the day brings.
- WEDNESDAY:** Ascribe to the Lord the glory due to His Name; worship the Lord in the splendour of His Holiness..
- THURSDAY:** I lift up my eyes to the hills - where does my help come from? My help comes from the Lord the maker of heaven and earth.
- FRIDAY:** Father, this day would be nothing without your spirit - convincing, convicting, Encouraging and Helping us
- SATURDAY:** We are to proclaim God's mercy, First and Foremost, we must announce to the world - that God is a good God.
- SUNDAY:** Trust in the Lord with ail your heart and lean not on your own Understanding; in all your ways acknowledge Him, and He shall make your paths straight.

19 February 2023

PARISH DIRECTORY

RECTOR

FR. CHESNAY FRANTZ: 021 674 1078/073 256 5200

EMAIL: stsaviours.rector@gmail.com

RECTOR'S DAY OFF: Friday

CHURCHWARDENS:

Mr Jeremy Fredericks : 083 447 8911

Mrs. Ursula Jacobs : 083 740 2212

ORGANIST & CHOIR MASTER:

Mr Alan Clapp: 021 671 8045/083 339 4465

OFFICE:

PARISH OFFICE HOURS: MONDAY – FRIDAY,
9:00AM – 1:00PM

PARISH ADMINISTRATOR: ROZANNE FITZ

PARISH OFFICE: 021 671 8171/021 6718994

PARISH EMAIL: officestsaviours@gmail.com

PARISH WEBSITE: <https://stsaviours.weebly.com>

PARISH COUNCIL PORTFOLIOS:

FUNDRAISING:

JEREMY FREDERICKS 083 447 8911

URSULA JACOBS 083 740 2212

MDUDUZI NKALA 061 874 6435

OUTREACH:

MERVYN JOHNSON 076 633 7710

MBUYI MHLAULI 078 054 8460

BUILDING & MAINTENANCE:

FERDIE SCHARNECK 074 085 0114

HERMAN GRIBBLE 083 333 7143

YPM:

SIVE TONJENI 073 611 2746

COMMUNICATIONS:

NERINE MEYER 072 180 0592

ORGANISATIONS:

JACQUELINE SAAL 068 174 8326

ALPHA CO-ORDINATOR

SIDNEY SCHEEPERS 073 153 9279

WEEKLY SERVICE TIMES:

SUNDAY:

7:30AM SAID MASS

9:15AM SUNG HOLY EUCHARIST

MONDAY:

8:30 – 9:00AM MORNING PRAYER

TUESDAY:

8:30 - 9:00AM MORNING PRAYER

WEDNESDAY:

9:45AM SAID MASS

THURSDAY:

8:30 - 9:00AM MORNING PRAYER

INTERCESSORS:

Monday at 10:00am

PARISH BANK DETAILS

STANDARD BANK

CLAREMONT

CURRENT ACCOUNT

072635703

