

19 March 2023



# ST. SAVIOUR'S

## ANGLICAN CHURCH.

DIOCESE OF CAPE TOWN.

### Fourth Sunday in Lent – Mothering Sunday

#### COLLECT FOR THE DAY

Eternal Father, your Son is the Light of the world: dispel the darkness of our sins with your celestial brightness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.  
Amen

#### READINGS FOR THE DAY

OT Reading : 1 Samuel 16: 1-13  
(Pg 311/335)  
Psalm : 23  
NT Reading : Ephesians 5: 8-14  
(Pg 244/230)  
Gospel : John 9: 1-41  
(Pg 127/120)

#### PREACHER & PRESIDERS: Revd Chesnay Frantz

#### 2023 A Year to Grow

**READERS:** 7H30 – Esme Kennel 9H15 - Nobesutu Mfenyama-Mijla

**LAYMINISTERS:** 7H30- Henriette Saayman & Brendan Brown 9H15 – Kenny Daniels & Sidney Scheepers

#### HYMNS:

*Introit:* HHT 245 Where'er thy people meet

*Gradual:* AMR 300 Be thou my guardian & guide

*Offertory:* SOF 607 Who is on the Lord's side

*Communion 1:* SOF 593 What a friend in Jesus

*Communion 2:* SOF 303 Jesus stand among us

*Recessional:* SOF 135 Working his purpose

*Motet:* God be in my head (Rutter)

#### LECTIONARY FOR THE WEEK:

<b>Mon: 20 Mar</b>	<b>Morning Prayer</b>	Psalm: 75,76	Jeremiah 16: 10-21	Romans 7:1 –12
	<b>Evening Prayer</b>	Psalm: 77	Genesis 49:1-28	John 6: 1-15
<b>Tues: 21 Mar</b>	<b>Morning Prayer</b>	Psalm 78:1-38	Jeremiah 17:19-27	Romans 7:13-25
	<b>Evening Prayer</b>	Psalm 78:39-70	Genesis 49:29-50:14	John 6:16-27
<b>Wed 22 Mar</b>	<b>Morning Prayer</b>	Psalm 79,80	Jeremiah 18:1 -11	Romans 8:1-11
	<b>Evening Prayer</b>	Psalm 81,82	Genesis 50:15 -26	John 6:27-40
<b>Thurs: 23 Mar</b>	<b>Morning Prayer</b>	Psalm 68	Jeremiah 10: 11-24	Romans 5: 12-21
	<b>Evening Prayer</b>	Psalm 69	Genesis 46:1-7,28-34	John 8: 21-32
<b>Fri: 24 Mar</b>	<b>Morning Prayer</b>	Psalm 70,71	Jeremiah 11: 1-20	Romans 6: 1-11
	<b>Evening Prayer</b>	Psalms 72	Genesis 47: 1-26	John 8: 33-47
<b>Sat: 25 Mar</b>	<b>Morning Prayer</b>	Psalm: 73	Jeremiah 13:1-11	Romans 6:12-23
	<b>Evening Prayer</b>	Psalm: 74	Genesis 47:27-48:7	John 8: 47-59

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## NOTICES

- Online Bible Study: As part of our Lenten journey for 2023 we endeavour to do an Online Bible Study. We look at the book of Job. Takes place on a Thursday at 19h00.
- Appeal: For lent we are making an appeal to parishioners for monetary donations towards our Building & Maintenance Fund. We must repair the pillars at the West side of the church, its estimated cost will be in excess of R200 000.00. Please use the following account to make your donation: **STD Bank, Acc no: 077443934, Branch code: 051001, Acc type: Market link business acc. Please use the reference BUILDING FUND+YOUR NAME, thank you!**
- EXCO: Will meet on Monday the 20 March at 6:30pm in the boardroom.
- AWF AGM: Will take place on Saturday 26 March in the parish room at 11:00am
- Mens Fellowship: will meet on Saturday 26 March at 11:00am.
- Parish Council: Will meet on Tuesday 28 March at 7:00pm in the Parish Room.
- Confirmation Class Workshop: will take place on Saturday 1 April from 09h00 to 12h00 in the boardroom.
- Making of Palm Crosses: All organisations are requested to be make palm crosses on Saturday the 1 April from 13h00 in the church.
- Parish Youth Camp: The camp has been postponed from March and is scheduled for 6—8 October. Details to follow. All young people invited (13-18 years)
- Parish Office: Parish office will be closed on Monday for training and strategic planning.
- Bible Study: Registration for Bible study is now open. Application forms are on the table at the side entrance. Please return completed forms to the office.
- Flowers: There will be no flowers in church during lent. Should you wish to donate towards the flowers for Easter, the flower box is on the table at the side entrance.
- Wednesday Services: During lent there will be 3 services: 9h45, 13h00 and 19h00.
- Outreach: Please contact the office if you need assistance with a food parcel.
- Tea: Anyone wishing to host tea in celebration of their birthday/anniversary or in memory of a loved one, please contact the office. **Tea this morning is hosted by Alpha and James April in celebration of his birthday.**
- Parish Retreat: See insert.
- Lent 2023: Our theme for the Wednesdays of Lent for 2023 is **The Eucharist: May we become what we receive**

**Lent 4: The Eucharist: A place for many.**

**Lent 5: The Eucharist: Bread broken, people made whole.**

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## PRAYER REQUESTS

### Pray for the sick or hospitalised:

India Tyers, Edith Abrahams, Crystal Bouwers, James April, Iris Hartnick, Mervyn Johnson, Martin Dyers, Ellen Olivier, Mr and Mrs Conradie, Rita George, Rosina Scheepers, Russell Erasmus, James & Karen Vries, Alba Sophia Wippenaar, Michael Jonker, Audrey and Henry van der Vent, Judith Riffel, Sylvia Kallis, Lionel and Muriel Woldson, Alex Pelston, Lorraine Plato and Jeanette Halls and Michelle Talliard and Rouvaun Smit.

### Housebound and elderly:

Christabel Nokumbuza, Rachel Vermeulen, Aletta Cloete, Freda Connolly, Brenda de Vos, Linda de Vos, Daniel Meyer, Joanne White, Ronald Smedley, May Rushin, Maureen Sieglar, Trevor Kleinsmith, Monica Fry, Ellen Thompson, Sandra Fourie, Mietjie George, Robina Bryant and Stella Collins and Ellen Constant.

### Celebrating birthdays this week:

20. James April, Nicholas Casper and Faezah Davids  
25. Daniel Brown and Kristen Fabing

## PRAYER DIARY

- MONDAY:** We pray for an end to the violence that is tearing our country apart.
- TUESDAY:** For all those families grieving the loss of loved ones due to violence.
- WEDNESDAY:** Give us the patience and resolve of Job who went through so much suffering and yet believes in God's goodness.
- THURSDAY:** For rain to fill the dams in areas of our country suffering from drought.
- FRIDAY:** For all adults and children suffering abuse as the hands of those who supposedly love them.
- SATURDAY:** For all parish organisations that their membership will grow.
- SUNDAY:** For Father Chesnay, Exco, the Parish Council and all who in their own way bring glory to God by their good deeds.

### Food Parcel – Outreach Ministry

**WEEK 1:** 1kg Sugar, 1 box of Longlife Milk

**WEEK 2:** 1 Tin Pilchards, 1 Tin Sweetcorn, 1 Tin Meatballs in Spaghetti

**WEEK 3:** 1 Box of cup of soup, 1 Peanut butter (smooth), 1 Rice 500g

**WEEK 4:** 1 Macaroni (500g), 1pkt of Jungle Oats, 1 Cooking Oil (375ml)

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## PARISH DIRECTORY

### RECTOR

FR. CHESNAY FRANTZ: 021 674 1078/073 256 5200

EMAIL: stsaviours.rector@gmail.com

**RECTOR'S DAY OFF: Friday**

### CHURCHWARDENS:

Mr Jeremy Fredericks : 083 447 8911

Mrs. Ursula Jacobs : 083 740 2212

### ORGANIST & CHOIR MASTER:

Mr Alan Clapp: 021 671 8045/083 339 4465

### OFFICE:

PARISH OFFICE HOURS: MONDAY – FRIDAY,  
9:00AM – 1:00PM

PARISH ADMINISTRATOR: ROZANNE FITZ

PARISH OFFICE: 021 671 8171/021 6718994

PARISH EMAIL: officestsaviours@gmail.com

PARISH WEBSITE: <https://stsaviours.weebly.com>

### PARISH COUNCIL PORTFOLIOS:

#### FINANCE:

JEREMY FREDERICKS 083 447 8911

#### FUNDRAISING

MDUDUZI NKALA 061 874 6435

#### OUTREACH:

URSULA JACOBS 083 740 2212

#### BUILDING & MAINTENANCE:

HERMAN GRIBBLE 083 333 7143

#### COMMUNICATIONS:

SIVE TONJENI 073 611 2746

#### WORSHIP:

JONATHAN CARELSE 060 589 5372

CASSIDY SAAL 073 820 1694

#### ORGANISATIONS:

JACQUELINE SAAL 068 174 8326

#### SOCIAL RESPONSIBILITY:

JACQUES SMITH 061 496 8696

### WEEKLY SERVICE TIMES:

#### SUNDAY:

7:30AM SAID MASS

9:15AM SUNG HOLY EUCHARIST

#### MONDAY:

8:30 – 9:00AM MORNING PRAYER

#### TUESDAY:

8:30 - 9:00AM MORNING PRAYER

#### WEDNESDAY:

9:45AM SAID MASS

#### THURSDAY:

8:30 - 9:00AM MORNING PRAYER

#### INTERCESSORS:

Monday at 9:30am

### PARISH BANK DETAILS

STANDARD BANK

CLAREMONT

CURRENT ACCOUNT

072635703

