

12 March 2023



ST. SAVIOUR'S

ANGLICAN CHURCH.

DIOCESE OF CAPE TOWN.

Third Sunday in Lent

COLLECT FOR THE DAY

Gracious Father, your Son is the source of living water: grant that the gift of his Spirit may be to us a spring of water welling up to eternal life; through the same Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God now and forever. Amen

READINGS FOR THE DAY

OT Reading : Exodus 17: 1-7
(Pg 80/86)
Psalm : 95
NT Reading : Romans 5: 1-11
(Pg 193/181)
Gospel : John 4: 5-42
(Pg 111/117)

PREACHER & PRESIDER: Revd Chesnay Frantz

2023 A Year to Grow

READERS: 7H30 – Ruth Fry-Snyders

9H15 - Kristen Fabing

LAYMINISTERS: 7H30- Gavin Pillay & Ursula Jacobs

9H15 – Suzette Sampson & Jonathan Carelse

HYMNS:

Introit: HHT 69 Now is eternal life

Gradual: HHT 44 We bring our best to thee

Offertory: HHT 3 All our hope in God

Communion 1: SOF 334 Living waters

Communion 2: SOF 54 Will you let me be your servant

Recessional: SOF 234 Immortal, Invisible

Motet: Ave Verum (Elgar)

LECTIONARY FOR THE WEEK:

Mon: 13 Mar	Morning Prayer	Psalm: 55	Jeremiah 7: 1-15	Romans 4:1 –12
	Evening Prayer	Psalm: 56,57,58	Genesis 44:18-34	John 7: 14-36
Tues: 14 Mar	Morning Prayer	Psalm 59,60	Jeremiah 7:21-34	Romans 4:13-25
	Evening Prayer	Psalm 61,62	Genesis 45:1-15	John 7:37-52
Wed 15 Mar	Morning Prayer	Psalm 63,64,65	Jeremiah 8:18 -9:6	Romans 5:1-11
	Evening Prayer	Psalm 66,67	Genesis 45:16 -28	John 8:12-20
Thurs: 16 Mar	Morning Prayer	Psalm 68	Jeremiah 10: 11-24	Romans 5: 12-21
	Evening Prayer	Psalm 69	Genesis 46:1-7,28-34	John 8: 21-32
Fri: 17 Mar	Morning Prayer	Psalm 70,71	Jeremiah 11: 1-20	Romans 6: 1-11
	Evening Prayer	Psalms 72	Genesis 47: 1-26	John 8: 33-47
Sat: 18 Mar	Morning Prayer	Psalm: 73	Jeremiah 13:1-11	Romans 6:12-23
	Evening Prayer	Psalm: 74	Genesis 47:27-48:7	John 8: 47-59

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NOTICES

- Online Bible Study: As part of our Lenten journey for 2023 we endeavour to do an Online Bible Study. We look at the book of Job. Takes place on a Thursday at 19h00.
- Appeal: For lent we are making an appeal to parishioners for monetary donations towards our Building & Maintenance Fund. We must repair the pillars at the West side of the church, its estimated cost will be in excess of R200 000.00. Please use the following account to make your donation: **STD Bank, Acc no: 077443934, Branch code: 051001, Acc type: Market link business acc. Please use the reference BUILDING FUND+YOUR NAME, thank you!**
- Bible Study: Registration for Bible study is now open. Application forms are on the table at the side entrance. Please return completed forms to the office.
- Pastoral Care: Should you or any family member require a pastoral visit, please notify the parish office.
- Flowers: There will be no flowers in church during lent. Should you wish to donate towards the flowers for Easter, the flower box is on the table at the side entrance.
- Men's Fellowship: will be going to Citrusdal on Saturday 18 March. They will meet at the church at 8:30am and leave at 9:00am. For more information please speak to the members of the Men's Fellowship.
- Wednesday Services: During lent there will be 3 services: 9h45, 13h00 and 19h00.
- Outreach: Please contact the office if you need assistance with a food parcel.
- Tea: Anyone wishing to host tea in celebration of their birthday/anniversary or in memory of a loved one, please contact the office.
- Parish Retreat: The parish will be hosting a retreat to Carmel over the weekend of the 3 -5 November. More information to follow.
- Lent 2023: Our theme for the Wednesdays of Lent for 2023 is **The Eucharist: May we become what we receive**

Lent 3: The Eucharist: A call to love.

Lent 4: The Eucharist: A place for many.

Lent 5: The Eucharist: Bread broken, people made whole.

Food Parcel – Outreach Ministry

WEEK 1: 1kg Sugar, 1 box of Longlife Milk

WEEK 2: 1 Tin Pilchards, 1 Tin Sweetcorn, 1 Tin Meatballs in Spaghetti

WEEK 3: 1 Box of cup of soup, 1 Peanut butter (smooth), 1 Rice 500g

WEEK 4: 1 Macaroni (500g), 1pkt of Jungle Oats, 1 Cooking Oil (375ml)

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PRAYER REQUESTS

Pray for the sick or hospitalised:

India Tyers, Edith Abrahams, Crystal Bouwers, James April, Iris Hartnick, Mervyn Johnson, Martin Dyers, Ellen Olivier, Mr and Mrs Conradie, Rita George, Rosina Scheepers, Russell Erasmus, James & Karen Vries, Alba Sophia Wippenaar, Michael Jonker, Audrey and Henry van der Vent, Judith Riffel, Sylvia Kallis, Lionel and Muriel Woldson, Alex Pelston, Lorraine Plato and Jeanette Halls and Michelle Talliard.

Housebound and elderly:

Christabel Nokumbuza, Rachel Vermeulen, Aletta Cloete, Freda Connolly, Brenda de Vos, Linda de Vos, Daniel Meyer, Joanne White, Ronald Smedley, May Rushin, Maureen Sieglar, Trevor Kleinsmith, Monica Fry, Ellen Thompson, Sandra Fourie, Mietjie George, Robina Bryant and Stella Collins and Ellen Constant.

Celebrating birthdays this week:

15. Allison van der Vent
16. Gail Davids
18. Beryl Moses

PRAYER DIARY

MONDAY: May we walk in faith and in Your strength dear Jesus.

TUESDAY: As we rejoice in the gift of this new day, so may the light of Your presence God, set our hearts on fire with love for You.

WEDNESDAY: Breathe in us Holy Spirit, that our thoughts may be holy.

THURSDAY: Lord, please let us think before we speak.

FRIDAY: Father, today we receive Your words of life, strength and encouragement.

SATURDAY: Thank you Lord for loving us and filling us with Your joy and peace.

SUNDAY: Let us seek God's will in all we do, and He will show us which path to take.

12 March 2023

PARISH DIRECTORY

RECTOR

FR. CHESNAY FRANTZ: 021 674 1078/073 256 5200

EMAIL: stsaviours.rector@gmail.com

RECTOR'S DAY OFF: Friday

CHURCHWARDENS:

Mr Jeremy Fredericks : 083 447 8911

Mrs. Ursula Jacobs : 083 740 2212

ORGANIST & CHOIR MASTER:

Mr Alan Clapp: 021 671 8045/083 339 4465

OFFICE:

PARISH OFFICE HOURS: MONDAY – FRIDAY,
9:00AM – 1:00PM

PARISH ADMINISTRATOR: ROZANNE FITZ

PARISH OFFICE: 021 671 8171/021 6718994

PARISH EMAIL: officestsaviours@gmail.com

PARISH WEBSITE: <https://stsaviours.weebly.com>

PARISH COUNCIL PORTFOLIOS:

FINANCE:

JEREMY FREDERICKS 083 447 8911

FUNDRAISING

MDUDUZI NKALA 061 874 6435

OUTREACH:

URSULA JACOBS 083 740 2212

BUILDING & MAINTENANCE:

HERMAN GRIBBLE 083 333 7143

COMMUNICATIONS:

SIVE TONJENI 073 611 2746

WORSHIP:

JONATHAN CARELSE 060 589 5372

CASSIDY SAAL 073 820 1694

ORGANISATIONS:

JACQUELINE SAAL 068 174 8326

SOCIAL RESPONSIBILITY:

JACQUES SMITH 061 496 8696

WEEKLY SERVICE TIMES:

SUNDAY:

7:30AM SAID MASS

9:15AM SUNG HOLY EUCHARIST

MONDAY:

8:30 – 9:00AM MORNING PRAYER

TUESDAY:

8:30 - 9:00AM MORNING PRAYER

WEDNESDAY:

9:45AM SAID MASS

THURSDAY:

8:30 - 9:00AM MORNING PRAYER

INTERCESSORS:

Monday at 9:30am

PARISH BANK DETAILS

STANDARD BANK

CLAREMONT

CURRENT ACCOUNT

072635703

